Have a Safe and Happy New Year

from the Officers and Executive Board of BRANCH 34 NALC BOSTON National Association of Letter Carriers Joseph P. Considine Branch 34 AFL-CIO 400 West Cummings Park, Suite 3950 Woburn, MA 01801-6396

Address Service Requested

Non-Profit Org. U.S. Postage **PAID** Boston, MA Permit No. 54631



President's Corner

Our Fight is an Uphill Battle, But Together We're Unstoppable!

H And the search of the sear

What's really important in life; health, family, good friends and the ability to provide. Too often we lose sight of what we're blessed with for most of us have much to be thankful for. Unfortunately we allow that to be overshadowed by everyday strife.

We're fortunate to still be part of middle class *working* America, something that has been continually eroded by corporate greed and becoming the ever elusive "American Dream". We have an obligation to fight for what we have and for those less fortunate than ourselves. We need to join ranks with all labor organizations not only to promote *our* cause but to enlighten those that have been blinded by corporate rhetoric on what we as unionists stand for. We also have an obligation to lift up those in need, the less fortunate who are just looking to experience the "American Dream" as we have been able to somewhat enjoy.

Over the last few months *our* battle has escalated and taken full center stage. You're quite aware we have much at stake to lose along with the American public. Our United States President has endorsed five-day delivery and the "super committee" was looking to cut the national deficit. We need to protect Six-Day Delivery Service, Social Security, Medicare and Medicaid. The House and Senate need to focus on the "99 percent rather than the one percent" and return good paying jobs and benefits to our



It's refreshing to know that even in these economic challenging times postal patrons still love their letter carriers and appreciate the service we as postal employees provide. The public has taken the time to get educated on issues such as alleged tax bailouts, the onerous future retiree health benefit prefunding, retiree pension overpayments and other distorted misleading information being perpetrated by postal opponents.

The biggest disappointment beside Presi-

dent Obama and the U.S. Senate to date is our *own* Postmaster General Pat Donahue and his self imploding fatal plans to sink the postal service. Layoffs, closing of post offices/plants and reduction in service to (5-day) five day delivery (soon to be 3-day) is one of his lamebrain answers.

Rep. Darrell Issa (R-CA) calls PMG Donahue (Dona-Who) on the carpet after negotiating an APWU-USPS national contract and what should have been considered a big win for the USPS was turned into a sideshow. Instead of giving praise Issa unprecedentedly belittled the PMG in his congressionally orchestrated sideshow for negotiating a contract p-e-r-i-o-d. Issa and Donahue both alike are in my opinion a disgrace. Issa is not worth mentioning but Donahue folded like a bad poker hand and turned his back completely on his employees. Shame on this so-called leader! It's no wonder that the management program graduates the same prototype. The graduation ceremony concludes with the removal of the graduates' spine.

We've never depended on postal management before and we're not going to start now. That's precisely why we organized a union to begin with. Union's have pulled us up time and time again and given our jobs dignity over the past decades. When the going gets tough the tough get going and if we were to ever fail in *our* fight it would be a tremendous blow to American Organized Labor. If they can dismantle one of the largest union employers in the country then every union will be considered future fair game.

The labor movement partially due to self preservation is becoming more of a united front with a common cause. We needed to get back to grass root organizing and protecting middle class America. What transpired this past year in Wisconsin and Ohio woke up the America's Labor Movement. It was a shot of adrenaline and we as labor unionists need to *keep* that momentum going forward. We've been under attack for quite a while and being picked off one at a time. I believe it's now *our time* and we need to put those responsible for the demise of the American working class and the deplorable economic American landscape where they belong; in the public eye.

The "occupy" movement currently taking place across this country has brought attention to Wall Street's devastation of our economy and the imbalance of power. The Occupy Boston movement has been supported by the Massachusetts AFL-CIO and its many affiliates. This grassroots movement can be run out of town but the 99% are no longer going to sit by quietly and like it or not this government better take notice. There's an old saying, "when hunger knocks on the door love goes out the window". I believe that's precisely the sentiment of the American people today and their eyes are being opened to the benefits associated with unionizing.

We have dues paying members in this union that have no idea what a union is all about or what sacrifices have been made over the years. Their idea of a union is what have you done for me personally today? The boss yelled

American work force instead of foreign exploited workers.

The Senate's disappointing marked up version of S. 1789 (the 21st Century Postal Reform act of 2011) was recently voted on and passed to send in its current form to the Senate floor. This bill in its current state could destroy the postal service and fails miserably to address any of the real underlying problems that plague the financial viability of the USPS and the U.S. Economy.

Our fight is an uphill battle but together we're unstoppable. I would like to take this opportunity to thank those Branch 34 members that responded to the organized petition drive for understanding its importance and responding accordingly. You did a great job! I would be remiss if I didn't thank the Massachusetts AFL-CIO and their many affiliates for their unwavering support and last but far from least the Massachusetts postal patrons for their understanding, political outrage and loyalty to our cause.

Tel. / 781-281-1133 Fax / 781-281-1127 www.nalcbranch34.com Branch 34 Upcoming Membership Meetings Tuesdays at 7:00 pm

January 10, 2012

at the Boston Lodge of Elks #10 Spring Street, West Roxbury

February 14, 2012

at the Malden Moose Hall 582 Broadway (Rte. 99), Malden

Check Out

Page 12

These Dates & Locations

March 13, 2012

at the Sons of Italy Hall 120 Quarry Street, Quincy

INSIDE Branch 34's CLAN

Is Your Plant Closing? Who Knows? Page 2

Establishing a Causal Relationship for a Work Related Injury Page 3

Branch 34 Participates in NALC RAP Session Page 5

Branch 34 2012 Calendar

Massachusetts Congressional Delegation

U.S. SENATE

The Honorable John F. Kerry Russell Senate Office Bldg., Rm. 218 Washington, D.C. 20510 202-224-2742 Fax: 202-224-8525 kerry.senate.gov

The Honorable Scott Brown Russell Senate Office Bldg., Rm. 317 Washington, D.C. 20510 202-224-4543 Fax: 202-224-2417 scottbrown.senate.gov

U.S. HOUSE OF REPRESENTATIVES First Congressional District

The Honorable John W. Olver Longworth House Office Bldg., Rm. 1111 Washington, D.C. 20515 202-225-5335 Fax: 202-226-1224 www.house.gov/olver

Second Congressional District The Honorable Richard E. Neal Rayburn House Office Bldg., Rm. 2266 Washington, D.C. 20515 202-225-5601 Fax: 202-225-8112 www.house.gov/neal

Third Congressional District

The Honorable James P. McGovern Cannon House Office Bldg., Rm. 438 Washington, D.C. 20515 202-225-6101 Fax: 202-225-5759 www.house.gov/mcgovern

Fourth Congressional District The Honorable Barney Frank Rayburn House Office Bldg., Rm. 2252 Washington, D.C. 20515 202-225-5931 Fax: 202-225-0182 www.house.gov/frank

Fifth Congressional District The Honorable Niki Tsongas Longworth House Office Bldg., Rm. 1607 Washington, D.C. 20515 202-225-3411 Fax: 202-226-0771 www.house.gov/tsongas

Sixth Congressional District

The Honorable John F. Tierney Rayburn House Office Bldg., Rm. 2238 Washington, D.C. 20515 202-225-8020 Fax: 202-225-5915 www.house.gov/tierney

Seventh Congressional District The Honorable Edward J. Markey Rayburn House Office Bldg., Rm. 2108 Washington, D.C. 20515

202-225-2836 Fax: 202-226-0092

www.house.gov/markey

Represented Communities: Middlesex County - Arlington, Belmont, Everett, Framingham, Lexington, Lincoln, Malden, Medford, Melrose, Natick, Stoneham, Waltham, Watertown Wayland-Pct. 2, Weston, Winchester, Woburn; Suffolk County -Revere, Winthrop

Eighth Congressional District

The Honorable Michael Capuano Longworth House Office Bldg., Rm. 1414 Washington, D.C. 20515 202-225-5111 Fax: 202-225-9322 www.house.gov/capuano

<u>Represented Communities</u>: Middlesex County – Cambridge, Somerville; Suffolk County – Boston-Wds. 1, 2; Wd. 3, Pcts. 1, 2, 6-10;Wd. 7, Pct. 10;Wds. 8-12;Wd. 13, Pcts. 1, 2, 4, 5, 6;Wd. 14;Wd. 15, Pcts. 1-5, 7-9; Wd. 16, Pcts. 1, 3; Wd. 17, Pcts. 1-3, 5-12; Wd. 18, Pcts. 1-8, 13-15, 21; Wd. 19, Pcts. 1, 3-6, 8, 9; Wds. 21, 22; Chelsea

Ninth Congressional District The Honorable Stephen F. Lynch Rayburn House Office Bldg., Rm. 2348 Washington, D.C. 20515 202-225-8273 Fax: 202-225-3984 www.house.gov/lynch Represented Communities: Bristol County - Easton; Norfolk County - Avon, Braintree, Canton, Dedham, Holbrook, Medfield, Milton, Needham, Norwood, Randolph, Stoughton, Walpole, Westwood; Plymouth County – Bridgewater, Brockton, East Bridgewater, Hanson-Pcts. 1, 3, West Bridgewater, Whitman; Suffolk County - Boston-Wd. 3, Pcts. 5, 6; Wd. 5, Pcts. 3-5, 11; Wd. 6; Wd. 7, Pcts. 1-9; Wd. 13, Pcts. 3, 7-10; Wd. 15, Pcts. 6; Wd. 16, Pcts. 2, 4-12;Wd. 17, Pcts. 4, 13-14;Wd. 18, Pcts. 9-12, 16-20, 22-23;Wd. 19, Pcts. 2, 7, 10-13;Wd. 20 Tenth Congressional District The Honorable William Keating Cannon House Office Bldg., Rm. 305 Washington, D.C. 20515 202-225-3111 Fax: 202-225-5658 www.house.gov/keating Represented Communities: Barnstable County - Barnstable, Bourne, Brewster, Chatham, Dennis, Eastham, Falmouth, Harwich, Mashpee, Orleans, Provincetown, Sandwich, Truro, Wellfleet, Yarmouth: Dukes County – Aguinnah, Chilmark, Edgartown, Gosnold, Oak Bluffs, Tisbury, West Tisbury; Nantucket County Nantucket; Norfolk County – Cohasset, Quincy, Weymouth; Plymouth County – Abington, Carver, Duxbury, Hanover, Hanson-Pct. 2; Hingham, Hull, Kingston, Marshfield, Norwell, Pembroke, Plymouth, Plympton, Rockland, Scituate

Is Your Plant Closing? Who Knows?

The December 5th announcement of proposed USPS service and network cutbacks has produced a flood of news stories, many of them listing processing facilities that are supposedly "scheduled" for closing - here's one from the Boston Herald:

Seven Massachusetts mail processing facilities are on a list scheduled for closing next year under a budget-cutting plan by the U.S. Postal Service.

Those are in Boston, Brockton, Lowell, North Reading, Shrewsbury, Waltham and Wareham.

If you're from Massachusetts, it has probably occurred to you that those are all the plants in Massachusetts, with the exception of Springfield. So is all Massachusetts mail going to be worked in Springfield? Probably not- although Springfield doesn't appear on any of the closing lists, the USPS announced last month that it would be closing, with its mail diverted to Hartford and Shrewsbury. And yes, that's the same Shrewsbury plant that's on the list of plants to be closed.

It gets better-while the Boston, North Reading, Waltham and Shrewsbury plants appear on the list of plants to be closed, they also appear on the list of plants set to receive mail from other plants that are being closed.

Confused? Consider Burlington Vermont. It may be closed, and its mail sent to White River Junction, which may be closed and consolidated with Manchester NH, which may be closed and consolidated with Portland ME.

If all of those dominoes actually fell, a local letter mailed in Burlington could face a 500 mile round trip before it got delivered. That's not likely, but you wouldn't know that from looking at the USPS documents, or reading the news coverage. Similar scenarios exist elsewhere in the country.

Several news stories do quote USPS officials saying that the plant closing list is not final, but that part of the story doesn't seem to be getting through.

The bottom line for postal workers and customers is that they really don't know any more about the local impact of the proposed changes than they did before yesterday's announcement.



The IMC Lunch Bunch: A Class Act!!!

<u>Legislative Report</u> **The Super-Committee Fails!**

November was quite a month. After a national petition drive that reached out to all Americans' to express the need to preserve the Post Office and six-day delivery the NALC gathered over 800,000 signatures that were turned over to the super-committee on deficit reduction. That is quite the impressive performance, hopefully it will draw needed attention to our efforts to save the Post Office. Sad to say it won't have an impact with the Super Committee. In case you haven't heard the committee failed in its attempt to cut the federal debt.

As you know the super committee was tasked with coming up with proposals to reduce the national deficit. If that deadline was not met automatic cuts to specific services would go into effect in January of 2013.

If the deadline had been met Congress would have been required to vote, yes or no with no amendments accepted, on the proposals by the end of the year free speech or again those same mandated cuts would go into effect on January 1, 2013.

From the beginning of this process it somebody was put out there that everything was on the table when considering what could be cut. Because everything is up for grabs we as a nation are becoming more politically active than we have been for decades, this includes the NALC.

FYI #1 – Big Brother is watching. In October, the Postal Service published new rules on employees use of social media. In the ELM there is language that requires employees to represent themselves in a way that does not reflect poorly on the USPS. Stewards have seen this language as it is cited in every piece of discipline issue by management What this means to you is the OIG will be looking at Facebook, twitter, blogs etc. to see if someone is making critical comments about the Postal Service or its management staff. While this is still America and is a right I can see getting discipline after posting something after a bad day.



FYI #2 – Negotiations for the National Agreement have been extended to December 7, 2012. If no agreement is reached we will be headed to arbitration.

FYI #3 – In case you haven't heard, Barney Frank has announced he will not seek re-election in 2012. Whatever you think of Barney there is no doubt he has long been a friend of letter carriers. We will be hard pressed to find as staunch an ally as Barney Frank.

Merry Christmas and a Happy New Year to All!

NALCREST Apartment Bids -**Two-Week Intervals – SIGN UP NOW!!**

isted below are the weeks available L isted below are une methods. for NALCREST, in Lake Wales, Florida. The rental fee for the one bedroom apartment is \$195.00 per week, plus a \$55.00 cleaning fee for a total of \$445.00 for two weeks.

Anyone interested in renting the apartment, should submit their requests to the Branch 34 office, 400 West Cummings Park, Suite 3950, Woburn, MA 01801, in care of Kevin Flaherty. (This is for Branch 34 members/families only).

The weeks start on Monday and runs through Sunday. A random lottery will determine the selection if more than one request is submitted for the same weeks.

You can submit multiple weeks. The apartment is available for twoweek intervals only.

January 2 – January 15, 2012 January 16 – January 29, 2012 January 30 – February 12, 2012 February 13 – February 26, 2012 February 27 – March 11, 2012 March 12 – March 25, 2012 March 26 – April 8, 2012 April 9 – April 22, 2012 April 23 – May 6, 2012 May 7 – May 20, 2012 May 21 – June 3, 2012 June 4 – June 17, 2012

June 18 – July 1, 2012 July 2 – July 15, 2012 July 16 – July 29, 2012 July 30 – August 12, 2012 August 13 – August 26, 2012 August 27 – September 9, 2012 September 10 – September 23, 2012 September 24 – October 7, 2012 October 8 – October 21, 2012 October 22 – November 4, 2012 November 5 – November 18, 2012 November 19 – December 2, 2012 December 3 – December 16, 2012 December 17 – December 30, 2012 December 31, 2012 – January 13, 2013



Establishing Causal Relationship for a Work Related Injury

O ne of the most common reasons a work-related injury is not accepted by the Office of Workmen's Compensation Programs is the failure to establish causal relation. This means that your physician must establish how your job as a letter carrier caused or aggravated your diagnosed condition. This is based on the medical evidence. An injury or disease may be related to employment in any one of four ways:

Direct Causation: This refers to a situation where the injury or factors of employment result in the condition claimed through a natural and unbroken sequence. An example would be a fractured arm sustained in a fall while carrying mail. The broken arm is a direct result of the fall.

Aggravation: If a pre-existing condi-

tion is worsened, either temporarily or permanently, by a work related injury, that condition is said to be aggravated. An example would be a slip aggravating a preexisting back problem.

Acceleration: This occurs when an underlying condition becomes worse due to employment related injury and not because of the ordinary course of the disease. An example would be a diabetic whose condition worsens due to work related activity.

Precipitation: This term refers to a latent condition, which would not have manifested itself but for the employment. An example may be an asthmatic person whose asthma has been latent for several years then manifests itself due to an exposure of dust at work.

The first two, direct causation an aggravation are the most common of the causal relations. They are also the easiest to explain. Your physician would merely explain in medical rationale how the job as a letter carrier caused or aggravated the condition you are reporting.

Before a claim is denied by OWCP (the (Postal Service cannot deny a claim) you would usually receive what is called a developmental letter. I often call it a thirty day letter because OWCP explains exactly what is needed or missing from the reported claim and allows you thirty days to supply the information. A claim is not denied until this opportunity is given to the injured employee.

Once again the best advice I can give an injured employee is to call the Branch 34 office for assistance when injured at



Kevin Flaherty Secretary Treasurer

work. Remember the officers of Branch 34 work for you and the Postal Service Injury Compensation Office does not.

At this time I would like to wish all the members of Branch 34 and their families a very Merry Christmas, Happy Holidays, and a safe and prosperous New Year.



Founded May 1971

AWARDS International Labor **Communications Association GENERAL EXCELLENCE -**LOCAL UNION PUBLICATIONS -**CIRCULATIONS** of 2,500 to 9,999 First Place, 2003

National Association of Letter Carriers **GENERAL EXCELLENCE -**LARGE BRANCH PUBLICATIONS -MORETHAN 1,500 MEMBERS First Place, 2010 First Place, 2008 First Place, 2002 First Place, 1996 First Place, 1994 Second Place, 2006 Second Place, 1992 Third Place, 2004 Honorable Mention, 1982 Judges' Commendation, 1988 **BEST STORY** First Place, 1996 Third Place, 1990 2 Honorable Mentions, 1992 Honorable Mention, 1990

BEST CARTOON OR PHOTO First Place, 2006 PROMOTING UNIONISM Third Place, 1992 Judges' Commendation, 1988

BRANCH 34's CLAN is the Official Publication of Branch 34 of the National Association of Letter Carriers, AFL-CIO. The Boston Branch was Chartered by the NALC on June 18, 1890. **BRANCH 34's CLAN** is pubished six times each year. It presents the various issues of the day that are of concern to the membership. The views and opinions expressed in the articles and colnns do not necessarily reflect the official position of the NALC Branch 34 or its officers, but rather those of the author

y articles submitted for publication in **BRANCH 34's CLAN** must be typewritten, double-spaced and received at the Branch office no later than the close of business on the first of the month of publication: January, March, May, July, September, and November. The Editor reserves the right to amend articles and/or delay their publica tion due to the limited availability of space

Permission is hereby granted for the **REPRINTING** of any article that originates in this paper provided an appropriate credit line also appears and a copy of the reprint in its new publication is sent to: Editor, NALC Branch 34, 400 West Cummings Park. Suite 3950. Woburn, MA 01801-6396

Our Fight is an Uphill Battle, But Together We're Unstoppable...

(continued from page 1)

at me, my start time was changed, I'm quitting how do I get out of the union?

I've seen candidates within this branch run for union office that wouldn't represent a fellow worker if his life depended on it or contribute to any NALC initiative (COLCPE, MDA etc...) unless shamed into it. In most cases you can't even shame them but that never stopped them from running.

I recently was approached by a friend who went to work for a certain non-union company that seemed to treat their workers fairly in the beginning. The owners then brought in an outside team to run the company for them. They disregard seniority, favor certain employees (friends, family), and continually threatened those that dare speak up with removal. They not only threaten to remove the individual but his or her entire family that's employed there. You think we have overtime or leave problems? After listening to his problems ours looked pretty tame.

He finally understands the need of organizing and unionizing. That's why our forefathers got religion. It wasn't about what's the union going to do for me? It was about us, working conditions, workday hours, a regulated workweek, child labor, equal rights and equal pay, a uniform pay raise, health insurance, a retirement etc... Sometime in order to receive you have to give and I'm not talking just about dues. I'm talking about energies, time, promoting our cause. One per cent of America or their political lackeys would take it all away from us in one swift motion if they ever get the chance. It's our duty to make certain that doesn't happen. Each and every one of us has a responsibility to protect this job and lift up those less fortunate. We need jobs, our children need jobs, America needs jobs, jobs that pay a decent wage with health benefits and a retirement pension. We may never get on Letter Carriers Political Education (COLCPE). The NALC has made it as painless as possible for an easy signup. You need to do your part in assuring our future. A mere five dollar contribution every two weeks isn't going to kill anyone but not giving could be your demise. You can see firsthand what happens when the wrong people get elected. H.R. 2309 and S 1789 are perfect examples of how harmful legislation can be. This legislation if passed could cost you your job, dismantle future delivery and place the postal service in a death spiral. We need to organize to fend off these attacks. Unfortunately in politics money talks and the rest walk. Help protect your job today. This branch has one of the lowest percentages in the country of those that contribute to COLCPE. That's a fact and it's an embarrassment to this branch. In Branch 34 for the past twenty plus years a certain few have been carrying the load but the time has come for everyone to get involved. Donate today to save your job and retirement tomorrow. Hopefully you get the message and respond accordingly.

I Smell a Skunk

I take everything this company says and does with a heavy dosage of skepticism. Is it just me or does it seem like every decision the postal service makes is a bad decision? Without rehashing their lengthy decades of poor decision making and I assure you it's a lengthy one including their appointments of non-producing/non-qualified career candidates to overpaid positions let us just focus on today's recent proposals: Closing plants and relaxing service standards.

If ever I smelled a skunk, it's today's postal service and the name in itself is an oxymoron. The sheer audacity and gall to complain about losing revenues and in the same breath talk about closing hundreds of plants and relaxing our delivery standards. How will a ludicrous action such as that help the longevity and survival of the postal service? The answer is simple: it won't! It will drive away customers and accomplish what certain political lackeys running this company are trying to achieve: self destruction. They ought to be ashamed of themselves, those tie fixing, bobble head, overpaid incompetents. They are either the most inept managerial force on the face of this planet or they're a skunk. This newest approach of the USPS stinks and it smells like contract posturing on their behalf. The sad part is it'll turn the public and mailers against them while they play their games. What's next? Why don't they just close every plant and give no service standard period. Our new motto can be: You'll get it when and if it gets there".

these overpaid imposters posing as high level decision makers not only in Washington, DC but in every district and installation across this country. If we get rid of the deadwood this company might be able to float to the top. We can then start making sound decisions not based on outside and underhanded objectives. Now wouldn't that be refreshing, instead of smelling like a skunk.

A Season to be Thankful

Tis the season! I've been blessed over the past decade to lead the best NALC Branch in the country. I've also been blessed with the board of officers you've given me and they serve you well. Branch 34 has been good not only to me but also to my family and for that I thank you. During my tenure I've been fortunate to not only represent letter carriers but to interact with you on an individual basis. Do we have some bad apples? I like to refer to certain individuals as different, not bad, and just like society itself we have a mix but the good far outweigh any other faction.

We've certainly had our share of adversity over this past decade; route inspections (regularly), router adjustments, the anthrax threat following 9-11, MSP's, BPI Team, Post Office Consolidations, reserve position(s) abolishment, minor route adjustment attempts, VIM room attacks, parttime regulars, OIG, EPM, COR, NRP, GPS, ERMS, IRAP, MIARAP, JARAP, pivoting, FSS, excessing, harmful legislation... and I'm sure I'm forgetting a few. Throughout all this adversity we've managed to endure. We've seen supervisors, managers, postmasters and district managers come and go but the carrier force marches on providing one constant; exceptional service to our postal patrons.

We've seen this business evolve right before our very eyes and certainly not for the better. Will there be more change on the way? Unfortunately you can count on it, but as with every program introduced by the postal service we'll continue to scrutinize whatever procedural changes we're faced with. Don't be too surprised if some new changes are reverting back to old postal procedures, because that my friend is the postal way and if it's not broken why fix it? I once again thank you for giving me the opportunity to continue representing the best branch in the entire country. On behalf of the Branch 34 Board of Officers and the Lind family may you have a Merry Christmas or whatever holy day you observe and a joyous New Year with limited change. To the active letter carriers: may your many postal patrons vote for you often during this time of giving (don't forget your u-man) and to every Branch 34 Member: God Bless and Good Health!

rich on this job but it's surely a means to provide.

As for the selfish individuals that say, "I'd like to work five-days a week" it's not all about you. Would you be singing the same tune if you were working four or three days a week because that's what your PMG is promoting? If you like five days perhaps you'll love three or better yet why not just stay home period. Congressman Darryl Issa would like to help you out. He'd like to layoff most employees and by reverse seniority to boot. So what if you're not eligible for retirement? Get the picture? This is about self preservation, our livelihood and the preservation of the service we provide.

We've got to stop taking things for granted because in the swoop of a pen it can all be gone. Everyone needs to do their fair share and every Branch 34 letter carrier needs to contribute to the Committee

How about this solution? Get rid of

BRANCH 34's CLAN enters the Postal Service as third-class, non-profit material. Any change of address should be sent to: Editor, NALC Branch 34, 400 West Cummings Park, Suite 3950, Woburn, MA 01801-6396.

> Mary Collier, Editor Robert A. Lind, Associate Editor John T. McMahon, Associate Editor

2010-2013 BRANCH 34 NALC **BOARD OF OFFICERS** R

Robert A. Lind	President
John T. McMahon	Executive Vice President
Bob Simpson	Vice President
Kevin Flaherty	Secretary-Treasurer
Michael Yerkes	Financial Secretary
Mary Collier	Editor
Michael Gorham	Health Benefit Officer
Michael Murray	Sergeant-at-Arms
Steve Mahoney	Clerk, MBA/NSBA
Paul Roche	Chairman, Trustees
Daniel O'Connor	Trustee
Marty Foley	Trustee
Jerry McCarthy	Area Steward
Brian Manning	Area Steward
Michael Kidd	Area Steward
Bernadette Romans	Area Steward
UNBOR COMMUNICAT,	



BRANCH 34's CLAN NOVEMBER-DECEMBER 2011 3

Merry Christmas!!!

t the risk of sounding insensitive and politically incorrect, Merry Christ*mas* to each and every Branch 34 member and their loved ones. Likewise to the Brothers and Sisters who celebrate Hanukkah or Kwanzaa.

While the new year is clearly setting up to be the most challenging of our lives, we can take solace in knowing that we are better off than many less fortunate. Remember to do what you can when you pass the person

ringing the bell or a Toys-for-Tots location. The NALC has a long tradition of generosity and many people out of work are hurting.

Finally, pray for our military personnel at home and abroad. There can't be anything harder than being away from family during the holidays.

On a lighter note, I came across this poem recently with no known author. I thought about plagiarizing it but no one would believe I'm that clever.



Financial

Secretary

A Politically Correct Christmas Poem Twas the night before Christmas and Santa's a wreck... How to live in a world that's politically correct? His workers no longer would answer to "Elves", "Vertically Challenged" they were calling themselves. And labor conditions at the North Pole, were alleged by the union, to stifle the soul.

Four reindeer had vanished without much propriety, released to the wilds, by the Humane Society. And equal employment had made it quite clear, that Santa had better not use just reindeer. So Dancer and Donner, Comet and Cupid, were replaced with 4 pigs, and you know that looked stupid!

The runners had been removed from his beautiful sleigh,

because the ruts were deemed dangerous by the EPA, And millions of people were calling the Cops, when they heard sled noises upon their roof tops. Second-hand smoke from his pipe, had his workers quite frightened,

and his fur trimmed red suit was called "unenlightened".

To show you the strangeness of today's ebbs and flows, Rudolf was suing over unauthorized use of his nose. He went to Geraldo, in front of the Nation, demanding millions in over-due workers compensation.

So...half of the reindeer were gone, and his wife who suddenly said she'd had enough of this life, joined a self help group, packed and left in a whiz, demanding from now on that her title was Ms.

And as for gifts...why, he'd never had the notion that making a choice could cause such commotion. Nothing of leather, nothing of fur... Which meant nothing for him or nothing for her. Nothing to aim, Nothing to shoot, Nothing that clamored or made lots of noise. Nothing for just girls and nothing for just boys. Nothing that claimed to be gender specific, Nothing that's warlike or non-pacifistic.

No candy or sweets...they were bad for the tooth. Nothing that seemed to embellish upon the truth. And fairy tales...while not yet forbidden, were like Ken and Barbie, better off hidden, for they raised the hackles of those psychological, who claimed the only good gift was one ecological. No baseball, no football...someone might get hurt,

besides - playing sports exposed kids to dirt. Dolls were said to be sexist and should be passe. and Nintendo would rot your entire brain away.

So Santa just stood there, disheveled and perplexed, he just couldn't figure out what to do next? He tried to be merry he tried to be gay, but you must have to admit he was having a very bad day.

His sack was quite empty, it was flat on the ground, nothing fully acceptable was anywhere to be found.

Something special was needed, a gift that he might, give to us all, without angering the left or the right. A gift that would satisfy - with no indecision, each group of people in every religion. Every race, every hue, everyone, everywhere...even you! So here is that gift, it's price beyond worth...

"MAY YOU AND YOUR LOVED ONES, **ENJOY PEACE ON EARTH!"**

Congratulations **Retirees!**

On behalf of President Lind, the Board of Officers and all the Brothers and Sisters of Branch 34, we extend our wishes for a long, happy, healthy and well-deserved retirement to the following recently retired members:

Charles J. Appleby	Wellesley Hills
Jeffery F. Block	Waltham
Russell T. Garland	
William W. Gold	Cambridge
John J. Keaveney	West Roxbury
Geraldine F. McDonald	Newton Centre
John J. McMahon	. East Weymouth
Ralph J. Papsadore	Needham
Kevin B. Stapleton	Braintree
Michael J. Ventresca	Quincy
Robert P. Wasak	Revere
	– Michael Yerkes
Branch 34 Fir	nancial Secretary

In Memoriam

Joseph J. Crifo, Jr. Active Member – Quincy Lee R. Benoit Retired Member - Braintree Martin J. Bland Retired Member - Waban William T. Deason *Retired Member* - North Quincy Robert L. Feeney Retired Member - Milton William P. Hickey, Jr. Retired Member - Braintree James F. Manning *Retired Member* – East Weymouth Steven F. Ricciarelli Retired Member - Fields Corner * denotes 50-Year Life Member Rest in Peace

The 2011 Lumps of **Coal Awards**

- in no particular order -

Judas Obama - The President, a Democrat, comes out in support of fiveday delivery This is the same President who wants to jump start the economy with his jobs bill. How would eliminating over 20,000 jobs help the economy, Barack?

Labor Relations - I had a leave issue in Cambridge that I was trying to resolve before it became a grievance so I called up the Labor Representative. After I explained why I was calling I got a response. "I have more important things to do than call Cambridge to see how they are implementing their leave policy." Really, more important things to do? You need to look at your job description a little more closely. The parties are required to attempt to resolve issues before they become grievances. Apparently this particular Labor Rep doesn't mind the time and expense that will be generated by a grievance.

Why do we need a "Letter from the Editor" column in the Postal Record? We don't need a non-officer tell- Steward



ing us his opinion on media coverage or whatever. Aren't these topics supposed to be addressed by our elected National Officers? If you are going to have a nonofficer write a column why don't you make it from someone like a Jennifer Warburton, the head of our Legislative Department and chief lobbyist? I think the membership would rather hear from her about what is going on in Congress than the drivel we are getting from **Philip** Dine.

Merry Christmas, Best Wishes and a Happy New Year!

JOIN THE NEWLY-FORMED NATIONAL LETTER CARRIERS MOTORCYCLE CLUB! NATIONAL LETTER CARRIERS MOTORCYCLE CLUR

Would you like to receive information from the Social & Recreation Office on upcoming events?

ATTENTION RETIRED LETTER CARRIERS:

requirement to receive a GOLD CARD,

781-281-1133 to provide and receive

please contact the Union Office at

Anyone who meets the 50 year

Please print legibly. *Required Fields
Name*:
Pay Location*:
Post Office Location*:
Telephone:
Email Address*: Please complete the information above and mail to: SOCIAL & RECREATION OFFICE P.O. Box 51582, Boston, MA 02205-1562

Bikers: Ride for MDA

Letter carriers are forming a motorcycle club to raise funds for MDA and assist carriers
who are motorcycle enthusiasts to get together from time to time. For a donation of
\$35.00, you will receive our Official Membership Card, Lapel Pin, Cap, Large Patch
and Small Patch bearing our club seal. All proceeds will be given directly to the
Muscular Dystrophy Association!

PLEASE PRINT CLEARLY

APPLICATION

YES, I want to support MDA with a \$35.00 Donation

NAME	
BRANCH NO	
MAILING ADDRESS	
PHONE NUMBER	EMAIL
TYPE OF MOTORCYCLE	YEAR MODEL
PLEASE MAKE CHEC	KS PAYABLE TO NALC
Please fill out send	I this application to:
James Williams, National Let	tter Carriers Motorcycle Club,
,	e, N.W., Washington, DC 20001

Do Your Part!

Merry Christmas and Happy New Year Brothers and Sisters.

I hope this holiday season finds you, your families, and friends all in good health. I'm sure you all have taken the opportunity, as I have, to reflect on the year past. Doing so has offered many unanswered questions about our future as letter carriers as well as the future of the Postal Service. We, as the working class in America, are under attack. We all should be well aware of the numerous battles that stand before all letter carriers today, such as six-day/five-day delivery, layoffs, changes in health benefits, delivery standards, and house to house delivery. However, none of these battles will be fought and won on the workroom floor, as we've grown a custom too, but instead the battlefield has moved to the halls of Congress. The problem we are having as a union, in defending our positions in these battles, is getting the membership involved both at the local and national levels. No longer is it enough to say "I do my part, I pay my dues". The fight has intensified and now we need an "all hands on deck" mentality. Our responsibilities to this union need to grow right along with the size of the battles we are fighting. Everyone must get involved; your Jobs will depend on it!

You should ask yourself, what can 1 do as a letter carrier to join the fight? The an-

Merry Christmas and Happy New Year

From my family to your family, we would like to wish you a Merry Christmas and a Happy New Year. As always Safety First!



Officer

swer is quite simple; finally do what has been asked repeatedly of you. Here are a few painless steps every letter carrier can undertake to join the fight and protect their livelihood. First, join E-Activist on the NALC website, it's quick and easy. Becoming an E-Activist allows the National President and his staff to contact all carriers across the country via email to keep you up to date with the most important carrier issues and it enables you to be notified of any calls to action carriers are needed for, such as, rallies or contacting your politicians to remind them to keep letter carriers interests in mind. Next, get involved! Go to the branch meetings, rap sessions, conventions. Take the opportunity to know what the issues are that letter carriers face both locally and nationally. Invest some time in the union, get to know who your leaders are, learn how and why they make the decisions that affect your working conditions. Lastly and most importantly, contribute to COLCPE,

What is COLCPE and what does it do? COLCPE is the Committee on Letter Carrier Political Education. This is a fund set up for NALC political endeavors, such as, supporting candidates seeking election to/ or remaining in political office that have the best interests of letter carriers in mind. All contributions are on a voluntary basis and can be directly deducted from your paycheck or withdrawn from your bank account. As I made reference to in the opening paragraph our future is going to be decided by our politicians, whether you agree with that process or not, it's the truth. Over the past seven years, the NALC has been instrumental in numerous political races throughout the country. It is clear by the political climate in Washington, D.C., we will need as many friends as we can possibly get in congress over the next election cycle. COLPCE is bipartisan; the only requisite to receiving a contribution is your willingness to aid the letter carrier cause. Lobbying is common place on the political scene, as we all are aware, our competitors seem to have endless budgets to see that their interests are looked after. The NALC, however, is trying to use a limited budget raised solely though COLCPE and



the strength of its membership's voting power to counter this attack. All members should be aware that the NALC does not and cannot use any of our member's dues to lobby for political support. At the current participation rates nationally this is growing increasingly more difficult to keep up with our competitors namely FedEx and UPS!

Over the past month, I have been trying to sign up members to join COLCPE and I have only enjoyed limited success. I am only asking the "Gimme Five" approach of five dollars per pay period as an automatic pay deduction- This requested has been met with a whole slew of excuses; like; "I can't afford it" or "I don't pay politicians, I elect them." I tried repeatedly to explain inactivity could results in drastic changes to your job or even loss of it. We need to look at it like job insurance. You pay for car insurance and house insurance, but not job insurance this makes no sense. Without a job you can't afford any insurance. I have recently been made aware of the fact that Boston Branch 34 is only at 2.44 percent participation in COLCPE, among the worse in the nation. This is a point of embarrassment to me. There are only approximately six branches with 450 or more members with a worse participation percentage than us. Only 90 or so members are signed up as regular con-



tributor out of approximately 3,900 members. We as a branch should share in my embarrassment. We are allowing the other members of this national union to pay our way. We need to have pride in our union and faith in our leadership. We need to meet this responsibility head on. For too long the words of one of my Branch 34 Newtonville letter carrier collogues have rung true - "too few are doing too much, and too many aren't doing enough." We all need to come together to fight for our livelihood. I challenge each and every member who does not participate in COLCPE to do so immediately. To facilitate this I will be set up at the next couple of union meetings to help sign up members who choose to do the right thing.

Branch 34 Attends NALC Washington, DC RAP Session







NALC President Emeritus Jim Rademaker (93) gave a riveting address.

Mike Hickey (lower right) enjoying some time with his family.

<u>Where Are They Now?</u> Mike Hickey

Mike Hickey started his postal career over 25 year ago at the Newtonville Post Office. After a short time there, and at the IMC Post Office, he spent over 20 years delivering mail in Charlestown, his hometown.

Most of his career he worked out of the JFK Station but retired out the IMC where the Charlestown Unit was moved several years ago.

Mike retired on June 30th, 2006 and has been retired for over five years now. He enjoys spending time with his grandchildren and is with them most weekdays and weekends, too! He is also enjoying spending time with his wife Donna, as she recently retired over a year ago. They celebrated 26 years of marriage this past May. Congratulations to you and many happy, healthy years of retirement.

– Mary Collier "Branch 34's CLAN" Editor Branch 34 officers wait for NALC RAP Session to begin.

Branch 34 Area

Steward and

Arlington Shop Steward Gerry

McCarthy and

Branch 34 President Bob Lind listen at

NALC RAP Session.



The Officers of Branch 34 Wishes its Members –



HAPPY HOLIDAYS!!!

Let First Priority help you Pri.or.i.tize}

verb: list or rate projects or goals in order of importance



New Location – New Reason to Celebrate!

First Priority has been serving members for over 85 years! We have provided excellent service to postal employees and their families since 1924 and are now open to those that live or work in Suffolk and Essex counties. Plus, we have a new reason to celebrate!

In addition to our Boston, Lowell and Waltham branches our newest branch at 100 Swift Street in East Boston offers a convenient location, drive-thru with ATM, expanded hours, and like all our branches, people ready to help you accomplish your financial to-do-list!

- Save money



BRANCH LOCATIONS

Main Office General Mail Facility | 25 Dorchester Avenue, Boston, MA 02205 Hours Monday - Friday 7:00 a.m. - 4:00 p.m. | Thursday 7:00 a.m. - 6:00 p.m

East Boston Branch 100 Swift Street | East Boston, MA 02128 (Now Full-Service) Hours Monday - Wednesday 8:00 a.m. - 4:00 p.m. | Thursday - Friday 8:00 a.m. - 5:00 p.m. | Saturday 9:00 a.m. - 12:30 p.m.

Lowell Branch 155 Father Morrissette Blvd. | Lowell, MA 01853 Hours Monday - Friday 8:30 a.m. - 4:30 p.m.

Waltham Branch Northwest Processing Facility I 200 Smith Street, Waltham, MA 02454 Hours Thursday 7:00 a.m. - 4:00 p.m.



We make saving easier with great rates and easy-to-use products!

Change your scenery

First Priority offers online pre-approvals for mortgages, home equity loans, and lines of credit. We have a product to fit your home financing needs.

Spend more time doing what YOU want

There are lots of convenient ways to bank with First Priority phone, online, ATM, or in branch.



Now Open at 100 Swift Street, East Boston, MA 02128

Drive-up ATM - Open 24 hours!

CREDIT UNION

Lobby Hours

Monday - Wednesday 8:00 a.m. - 4:00 p.m. Thursday - Friday 8:00 a.m. - 5:00 p.m. Saturday 9:00 a.m. - 12:30 p.m.

Drive-Up Hours: Monday - Wednesday 7:00 a.m. - 5:00 p.m. Thursday - Friday 7:00 a.m. - 6:00 p.m. Saturday 9:00 a.m. - 12:30 p.m.

FIRST

IMPORTANT!!

ALL LETTER CARRIERS

Knee and Hip <u>ARTHRITIS</u> is the Silent <u>OCCUPATIONAL DISEASE</u> that No One

Tells You About.

If You ...

- 1. Have had a hip/knee replacement; or
- 2. Have been diagnosed with leg arthritis; or
- 3. Have chronically sore knees; or
- 4. Have had knee surgery for ANY reason; then

YOU MAY BE ENTITLED TO:

<u>SUBSTANTIAL COMP</u> <u>BENEFITS</u>

For more information call: -

Shapiro & Associates ATTORNEYS AT LAW

888 NALC Law

888.625.2529

Serving Letter Carriers for Over 30 Years

Branch 34 Salutes the Troops on Veterans Day at GMF!



Chestnut Hill's Peg Walsh sings "God Bless America."



(L to R) Malden's Dan Norton, Fort Point's Kevin Conroy and GMF's Russ Carney. (In background) Medford's Greg Serra and APWU President Paul Kilduff.





Master of Ceremonies Bill Hoey at the Veterans Day Service at GMF Boston.



Back Bay Annex's Dave Murray and Chris Douglas.





8 BRANCH 34's CLAN NOVEMBER-DECEMBER 2011

37



ROY TAILORS UNIFORM CO., INC.

Postal Uniforms • Shoes

Your Union-Preferred Uniform Company

1905 Dalton Avenue • Cincinnati, OH 45214 (513) 621-4787 • (800) 543-0379 Fax: (513) 621-0483 • Postal Fax: (888) 724-7882



RETIREES WHO RETIRED BEFORE OCTOBER 1, 1982 AND WHO DO NOT HAVE THEIR DUES DEDUCTED FROM THEIR MONTHLY ANNUITY CHECK MUST PAY THEIR DUES DIRECTLY TO THE BRANCH!





RETIREES 2012 DUES * 518.00

Name _

Address _____

City/State/Zip _____

Social Security Number

Amount Enclosed _

Please return this form with your dues to: Michael Yerkes, Financial Secretary, Branch 34 NALC, 400 West Cummings Park, Suite 3950, Woburn, MA 01801-6396

Note that an already-retired member currently paying dues directly to the Branch may switch voluntarily to annuity dues by completing and submitting a Form 1189 to NALC.

2011 Vehicles **Built by Union** Members in the **United States &** Canada

All these vehicles are made in the United States or Canada by members of the United Auto Workers and Canadian Auto Workers (CAW).

Because of the integration of U.S. and Canadian vehicle production, all these vehicles include significant UAW-made content and support the jobs of UAW members.

However, those marked with an asterisk (*) are produced in the United States and another country; The light-duty (LD) crew cab versions of the vehicles marked with a double asterisk (**) are manufactured only in Mexico; other models are made in the United States. When purchasing one of these models, check the Vehicle Identification Number (VIN). A VIN beginning with "1," "4" or "5" identifies a U.S.-made vehicle; "2" identifies a Canadian-made vehicle.

Not all vehicles made in the United States or Canada are built by union-represented workers. Vehicles not listed here, even if produced in the United States or Canada, are not union-made.

UAW CARS

Buick Lacrosse Buick Lucerne Cadillac CTS Cadillac DTS Cadillac STS Chevrolet Corvette Chevrolet Cruze Chevrolet Malibu Chevrolet Volt Chrysler Sebring Dodge Avenger

Dodge Caliber Dodge Viper Ford Focus Ford Mustang Ford Taurus Lincoln MKS Mazda 6 Mitsubishi Eclipse Mitsubishi Eclipse Spyder Mitsubishi Galant

UAW SUVs/CUVs

Buick Enclave Cadillac Escalade ESV Cadillac Escalade/ Hybrid Chevrolet Suburban Chevrolet Tahoe/ Hybrid **Chevrolet Traverse** Dodge Durango Dodge Nitro Ford Escape/Hybrid Ford Expedition Ford Explorer Ford Explorer Sport Trac

UAW TRUCKS

Chevrolet Colorado Chevrolet Silverado* Dodge Dakota Dodge Ram Pickup* Ford F Series

UAW VANS

Chevrolet Express Ford Econoline

CAW CARS

Chevrolet Camaro Chevrolet Impala

GMC Acadia GMC Yukon/Hybrid Jeep Compass Jeep Grand Cherokee Jeep Liberty Jeep Patriot Jeep Wrangler Lincoln Navigator Mazda Tribute/ Hybrid Mercury Mariner/ Hybrid Mercury Mountaineer Mitsubishi Endeavor



Arlington's Dave Knight



Branch 34 Executive Vice President J.T. McMahon reminisces with his longtime friend and workmate Arlington's Dave Knight.





Arlington's Dave Knight accepts his retirement gifts from Branch 34 President Bob Lind.



Needham's Ralph Papsadore



Needham Stewards Paul "Butch" McDonough and Mark Cowell along with Branch 34 Secretary-Treasurer Kevin Flaherty (second from left) congratulate Ralph Papsadore (right) on his retirement.







Ford Ranger GMC Canyon GMC Sierra** Mazda B-series

GMC Savana

Ford Crown Victoria Lincoln Town Car Mercury Grand Marquis



BANKERD

GERARD COLLINS

LICENSED PLUMBER

CENTRAL ST.

SAUGUS, MA 01906 781-484-7906

781-435-1058

Edward P. Hubbard 183 Columbia Road Hanover, MA 02339

Lic # J-21504

ESTABLISHED 1885

SIMONS UNIFORMS

Largest Inventory of

Union Postal Uniforms in New England

329 Lynnway, Rt. 1A South, Lynn, MA 01901

781-595-2644 or 800-451-176 Fax 781-596-1950 sales@simonsuniforms.com

Walk in, Phone or Fax. Request a catalog.

PLUMBING/HEATING/ DRAIN

CLEANING/GAS FITTING

781.826.3131 Fax: 781.826.8493 Cell: 781.351.9805 www.jackconway.com ehubbard@jackconway.com

Service is our priority

<u>lanes a games</u> 195 Concord Turnpike (RT.2) Cambridge, MA 02140 Tel. (617) 876-5533 • Fax (617) 876-1533

Tricia's Gift Shop

PO Box 412

Arlington, Ma 02476

617-838-6538

Custom Gifts for anyone for any occasion!

Shop Online @ www.TriciasGiftShop.com

www.lanesgames.com lanesandgames@verizon.net 20 Ten Pin 34 Candlepin AUTOMATIC SCORING . BOWLING . POOL

GAME ROOM · PRO SHOP · RESTAURANT · LOUNGE

A Cluster of Clowns & Santa Family Entertainment SPARKLES THE CLOWN Magic & Ballon Art Face painting Tea party's Santa and Mrs. Claus Holiday Charicture costumes

DJ phone: 617-471-0890 F-mail: clowneeeee@aol.com www.sparklesandsanta.com

Chrvsler 300 Dodge Challenger Dodge Charger

CAW SUVs/CUVs

Chevrolet Equinox Ford Edge Ford Flex

GMC Terrain Lincoln MKT Lincoln MKX

Grand Caravan

Volkswagen Routan

Dodge

CAW VANS

Chrysler Town & Country





When looking to buy or sell a home, call 617-429-2642 or 617-796-2741



Milton, MA 02186

617-696-0075

[=]

Protect Your Future!

GIVE TO COLCPE!



Direct 617-212-3944 Renee@NewHeightsRealEstate.com

135 Belmont Street	
Easton, MA 02375	
Main 508-230-9595	
Fax 508-230-9515	
www.NewHeightsRe	ealEstate.com
	(mail)

Renee Anastos

Realtor

MA

R

Jive Branch 5 Your New Address!

MOVED? Change of Address

If you have moved, please notify the Branch directly, Personnel does not notify us of change of addresses.

Name
Address
City/State
Zip
Send change of address to: Branch 34 NALC 400 West Cummings Park, Suite 3950 Woburn, MA 01801-6396

EAP Corner **EAP as a Union Partner**

when dealing with craft employees, do Assistance Program (EAP) to work with you sometimes feel like you are out there all by yourself out on a limb with nowhere to turn for assisting them? Do you know a craft employee who has been informed of unacceptable job performance, attendance issues, or unacceptable conduct? Do you worry that the employee might be struggling with drugs or alcohol use, marital or other issues?

If you are like most Union Representatives or Stewards, you probably know individuals well enough that you are good at identifying when there is a life situation or problem, yet you may be uncertain about how to encourage them to seek help before it is too late. Did you know you have a confidential partner in the Employee

you to do the right thing instead of doing nothing at all? That's right! Before you ever talk to an individual, the EAP is there for you.

Think of the EAP as a partner that you, the Union Representative or Steward, can consult with to provide early intervention to a craft employee. Your EAP professional will even help you develop a specific strategy for each individual employee situation. Of course, you would never act as a counselor, but with the EAP's help, you can get advice about specific behaviors that may be causing the work-related problem. Be as specific as possible - think of incidents, dates, and trends that are examples of your concern. Don't try to "diagnose" or identify personal problems. Just focus on the person's observable behavior and job issues.

Step 2: Consider the craft employee's history. How long has he/she worked for the USPS? How long has the identified problem existed? Have there been other problems in the past? What have you tried so far to support the situation? Think about what possible outcomes you would like to see

Step 3: Call the EAP: 1-800-EAP-4-YOU (1-800-327-4968) and ask for your local EAP Consultant Bob Belisle or just work with the consultant that answers your call. It's truly that easy! Wouldn't it make your life easier having a partner - an EAP professional - who can help you make the right choices that will make an individual successful at work?



Create your own Account Number by inserting in the spaces at right the first seven digits of the ID number that appears above your name on the back cover of your Postal Record.

3 Now you are ready to call PostalEASE toll-free at 1-877-4PS-EASE (1-877-477-3273)

XXXXXXX89 LC

If you already have three allotments you must cancel one to contribute to COLCPE through PostalEASE. To do so, follow the instructions at left but instead of selecting "3" to add a new allotment, event "3" to cancel an allotment.

After completing your entry, do not end the call until you

Your allotment will become effective on

Your allotment will be reflected in navcheck dated

Keep this information for your records and future reference.

ect "2" to cancel an allotment

hear the following:

Confirmation Number

OHN CARRIER 234 MAIN STREET

ANYWHERE, US 54321-9999

9876 W13 08

U.S.A.

check

Attach

•	When prompted, select "1" for PostalEASE and then enter
	your 8-digit Employee ID Number and your USPS PIN

- · Select "2" for payroll options
- · Select "1" for allotments

U.S.A

- · Disregard instruction to complete Allotment Worksheet and select "2" to continue
- · Select "3" to add a new allotment
- · Enter the following Financial Institution Routing Number: 064000017
- · Select "1" to continue processing allotment
- · Select "1" to "enter the allotment now'
- Enter your 17-digit Account Number from above
- · Enter "1" for Checking
- · Enter amount of allotment: \$.00 ber bay beriod. If amount is correct, select "1"

y making a COLCPE allotment through PostalEASE, you are doing so voluntarily with the understanding that your monthly contribution is not a condition of membership in the National Association-teles Canters or of employment by the Postal Service, nor is 8 apart of union dues. You may rehase to contribute without any reprisal. COLCPE will use the money it receives to contribute bo tank takes for televal office and undertake other political specified by tax. You seekation shall merani in full hore and effect unit canceled through the PostalEASE system. City NALC mer ers, NALC executive and administrative staff, and their immediate household family members may contribute to COLCPE. Contributions to COLCPE are not deductible for federal income tax purpose

- Click on "Postal Ease"
- · Click on "I agree"
- Enter Employee ID and PIN again and log
 Enter amount of your contribution
- Click on "Allotments/Payroll NTB"
- · Click on "Continue"
- · Click on "Allotments"
- · Enter Account type as "checking"
- · Click on "validate"
- · Click on "submit"

from ab

· Click "print page" to see and print your confirmation number for your records

Every mon out a fee)	th on the 1st deduct from y	of the month your bank ac	n, COLCPE w count the an	ill automati nount you ch	cally (and with- loose to contribute.	Please fill out and mail this coupon with a voided check to: NALC-COLCPE
I hereby au	thorize my ban	k to deduct fro	m my checkine	g account mo	nthly the sum of:	100 Indiana Ave. NW Washington, DC 20001-214
\$25	\$20	\$15	\$10	\$5	Cther: \$	washington, b6 20001-214
I make this Signature:	authorization v	o NALC'S Com oluntarily and	mittee on Lette may revoke it :	r Carrier Politi at any time by	cal Education (COLCPE). notifying the NALC COLC	CPE Committee in writing. Date:
Name (plea	se print):					
Social Secu	rity Number:			_	OR Postal Record number	BT
City:				are doing so vo	State:	Zip Code:



400 West Cummings Pk., Suite 3950 Woburn, MA 01801 T / 781-281-1133 F / 781-281-1127 www.nalcbranch34.com

CALENDAR YEAR 2012 ROTATING NON-SCHEDULED DAYS

Robert A. Lind, President John T. McMahon, Executive Vice President Robert Simpson, Vice President Kevin Flaherty, Secretary-Treasurer Michael Yerkes, Financial Secretary Mary "Mazie" Collier, Editor, Branch 34's CLAN Michael Gorham, Health Benefit Officer Michael Murray, Sergeant-at-Arms

Steve Mahoney, Clerk, NSBA Paul Roche, Chairman, Trustee Daniel O'Connor, Trustee Marty Foley, Trustee Jerry McCarthy, Area Steward Brian Manning, Area Steward Michael Kidd, Area Steward Bernadette Romans, Area Stewa

1 -LEGAL NATIONAL HOLIDAYS

BRANCH MEETINGS W WEST ROXBURY at 7:00 P.M. Q QUINCY M MALDEN

– PAYDAYS 10% –

Boston/Cambridge Leave Information

Ś	SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.		SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.		SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
		10%D	E	F	A	B	B					10% B	C	D	D						10% E	F	Ę
1	1	2	3	4	5	6	7					1	2	3	4						1	2	3
	0%	C	W D	E	F	A	A	R	10%	E	F	A	B	C	C		10%	A	В	C	D	E	Ę
8	3	9	10	11	12	13	14		5	6	7	8	9	10	11		4	5	6	7	8	9	10
1	0%	В	C	D	E	F	F		10%	D	ME	F	A	B	B	5	10%	F	Q A	В	C	D	P
1	15	16	17	18	19	20	21		12	13	14	15	16	17	18		11	12	13	14	15	16	17
1	0%	A	B	C	D	E	E	Ð	12%	C	D	E	F	A	A		10%	E	F	A	B	C	C
2	22	23	24	25	26	27	28		19	20	21	22	23	24	25	2	18	19	20	21	22	23	24
1	0%	F	A					π	10%	B	C	D					10%	D	E	F	A	B	B
2	29	30	31						26	27	28	29					25	26	27	28	29	30	31
		ΙΔΝΙ	ΙΔ ρ γ 1-	NEW YEA	R'S DAY		L			FEB	RUARY 1	I I4: VALEN	ITINE'S DA	AY									
					LUTHER	KING DAY	(20: PRESI					MAR	CH 17: ST	. PATRICI	K'S DAY	CANV	AS CARRI	IERS FOR
									-	FEB	RUARY 2	22: ASH V	VEDNESDA	۹Y							PRIME	TIME VA	CATIONS
				-				_									-				_		

_	SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.	
		10% C	D	E	F	A	A	
310	1	2	3	4	5	6	7	
N	10%	B	W C	D	E		F	
	8	9	10	11	12	13	14	
APRIL	12%	A	B	C	D	E	E	
	15	16	17	18	19	20	21	
	10%	F	A	В	C	D	D	
	22	23	24	25	26	27	28	
	10%	Ę		RIL 6: GC				
	29	30		RIL 7: PA				
				ril 8: EA ril 16: P				
			API	AIL 10: P.	AIRIOIS			

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
		10% F	A	В	C	C
		1	2	3	4	5
10%	D	ME	F	A	B	14% 🛃
6	7	8	9	10	11	12
14%	C	D	E	F	A	A
13	14	15	16	17	18	19
14%	B	C	D	E	F	F
20	21	22	23	24	25	26
16%	A	B	C	D		
27	28	29	30	31		
			MAY	12: NAL	C FOOD [ORIVE
MAY 1	3: MOTH	IER'S DAY				
MAY 2	8: MEMC	DRIAL DAY	(

	SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
S						16% E	Ę
						1	2
2012	16%	F	A	В	C	D	D
	3	4	5	6	7	8	9
JUNE	16%	E	QF	A	В	C	C
Ξ	10	11	12	13	14	15	16
	16%	D	E	F	A	B	B
	17	18	19	20	21	22	23
	16%	C	D	E	F	A	A
	24	25	26	27	28	29	30
			4: FLAG [
	JUNE 17: FATHER'S DAY						

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.	
	16% B	C	D	E	F	F	G
1	2	3	4	5	6	7	
16 %	A	В	C	D	E	E	R
8	9	10	11	12	13	14	
16%	F	A	В	C	D	D	5
15	16	17	18	19	20	21	R
16%	E	F	A	В	C	Ç	
22	23	24	25	26	27	28	P
16%	D	Ę					
20	20	24	1				

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.	
			16% F	A	B	B	
			1	2	3	4	
16%	C	D	E	F	A	A	
5	6	7	8	9	10	11	
16%	B	C	D	E	F	F	
12	13	14	15	16	17	18	
16%	A	B	C	D	E	E	
19	20	21	22	23	24	25	
16 %	F	A	B	C	D		
76	37	20	20	20	34		

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
SE	PTEMBE	P 7- MD	Δ			16% 🗖
LA	BOR DAY	TELETHO	Ň			1
16%	E	F	A	В	C	-
2	3	4	5	6	7	8
16%	D	WE	F	A	B	:
9	10	11	12	13	14	15 ´
16%	C	D	E	F	A	Ą
16	17	18	19	20	21	22 (
16 %	B	C	D	E	F	Ę



20	21	20	29	50	-)	

25 24 25 26 27 26 29 14% SEPTEMBER 3: LABOR DAY 30 SEPTEMBER 17: ROSH HASHANAH BEGINS SEPTEMBER 26: YOM KIPPUR BEGINS

NO BRANCH MEETINGS IN JULY & AUGUST

SEPTEMBER 15: LAST DAY FOR FALL 2012 NON-CHOICE VACATION

