



The Award-Winning Newspaper
of Joseph P. Considine
Branch 34 NALC, AFL-CIO

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National Association of Letter Carriers
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BOSTON, MA

NATIONAL ASSOCIATION OF LETTER CARRIERS

BRANCH 34's CLAN

CELEBRATING 127 YEARS OF UNION PARTICIPATION AND ACCOMPLISHMENTS ★ 1890-2017

Upcoming Meetings

There are no
Membership Meetings
in July and August.

Please check out
the dates, times
and locations for all
upcoming Membership
Meetings on the
new-and-improved
BRANCH 34
WEBSITE at
nalcbranch34.com



Inside Branch 34's CLAN

Summertime Blues
Page 2

**An Area Wage:
It's Time to Talk!**
Page 2

**Tentative Contract
Agreement Reached**
Page 3

**Safety First
For Summer**
Page 4

**Branch 34 "Letter
Carrier of Distinction":
West Roxbury's
Michael McNeil**
Page 7

**Branch 34 Scholarship
Winners Say Thanks**
Page 9

**A Quarter Century of
Helping Others –
The NALC Food Drive**
Page 12

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President's Report

Keep in Touch With Your Union Online at nalcbranch34.com



MICHAEL YERKES
President

Since its inception, protecting the interests and well-being of City Letter Carriers has been the ultimate goal of the National Association of Letter Carriers. Keeping you and your coworkers informed of their rights has also been the objective of Branch 34 for more than a century.

In addition to our regular Monthly Membership Meetings which are open to all Members, Branch 34 has, on an ongoing basis, conducted numerous Retirement Seminars and Route Inspection Classes, as well as our initial and more advanced Steward Training Sessions, all in an effort to educate, inform and represent our Members.

Moreover, we utilize this particular forum, our perennial award-winning newspaper, "Branch 34's CLAN," to provide local news, upcoming events and insightful articles from Branch Officers and Members on topics ranging from understanding contractual requirements to pending postal related Congressional legislation.

In that noble quest, it is with great delight that we now *reintroduce* your Boston Branch 34's *updated and vastly improved website* – nalcbranch34.com.

Rapidly advancing technology and software allows us to now deliver an additional mechanism from which you, and all Members, can become more informed of what's occurring, both locally and nationally, relative to our jobs.

We are hopeful that the restructured nalcbranch34.com will provide you with:

- Breaking news items and other topics interest to Letter Carriers, their families and their careers.
- Members will now be able to not only view monthly installation-wide vacancies but also direct access to USPS links for the purposes of bidding.
- Multiple links to important agencies such as the Thrift Savings Plan, OPM Retirement Services, Department of Veterans Affairs, and NALC Headquarters to name a few.
- CCAs can now check out their placement on up-to-date Relative Standing Lists, review their City Carrier Assistants Rights and Benefits, as well as other useful information.
- Members can now utilize direct *email access* to your Branch Full-Time Officers, as well as office phone, fax numbers and driving directions.

- Photos of members and events, videos, and much more...

- Prior issues of "Branch 34's CLAN" and the much sought after rotating non-scheduled day calendar.

- Ability to expand access of the website with a "Members Only" section and/or a phone app.

As stated above, this is simply another tool we hope to use to make you and everyone else in Boston Branch 34 the most informed and knowledgeable Members of the NALC. It is our intent that this website will not operate to the detriment of any of the other above information

mediums that we employ, and can only work toward the benefit of you and all Members.

Taking an integral role in protecting your own livelihood can occur in many ways. Understanding your role, your rights and responsibilities on the job and the potential threats to that career, both internally and from outside the Postal Service, is by far the easiest, straightforward and most effective way I know. Do yourself a favor, check out and stay informed with nalcbranch34.com.



Reintroducing Boston Branch 34's new and improved website at nalcbranch34.com

- Breaking News Regarding Branch, National and Other Issues of Vital Interest To Our Members
 - Carrier Bids/Results
 - Upcoming Event/Meeting Dates and Locations
- Up-to-Date CCA Relative Standing Lists
 - Essential Retirement Information
- USPS Liteblue, eOPF, TSP, Retirement and Other Useful Links & Forms
 - New Sections Being Added Continually



Participating in the NALC Food Drive, from Wollaston – From left to right: Cuong "King" Giang, Food Drive Coordinator Rob "Wojo" Wilkosky, Jamie Pajington, Area Steward Tom Rooney, and on the dock, Donny Griffin. See story and more photos of the 2017 NALC Food Drive on page 12.



BRANCH 34 STATION STEWARDS

Allston.....	Jack Gomes
Arlington.....	Gerald McCarthy Sean Mullet
Auburndale.....	Vacant
Back Bay.....	Lucy Warren Mike McCormack
Belmont.....	Salvatore Celeste David D'Agostino
Braintree DMU.....	Richard Fraser Robert O'Donnell
Brighton.....	Roshon Butts
Brookline.....	Maria Constantino Joseph DeMambro
Cambridge - Central Sq.....	William Wilkins Christopher Nolett
Cambridge - Porter Sq.....	William Criscitelli Jason Gauquier
Cohasset.....	Thomas Conville
Chestnut Hill.....	Vacant
Dorchester.....	Artie Matthews
East Weymouth.....	Tony Cinelli
Fenway.....	James Hudson
Fields Corner.....	Benny Faletra Thor Hellestedt
Fort Point.....	Michael Bertrand
Hingham/Hull.....	Joseph DeBerardinis
Hyde Park.....	William Lang
IMC - Chelsea.....	Emelio Leone
IMC - East Boston.....	John Fanning
IMC - Winthrop.....	Tom Ciulla
IMC - Everett.....	Steve Mahoney
IMC - Charlestown.....	John Fucile
IMC - Somerville.....	Bernadette Romans Robert Damatin
Jamaica Plain.....	Robert Amirault Millie Brooks
J.F.K. Station.....	Dan Abellard
Kenmore.....	Tony Scrivano John Lucey
Lexington.....	Laura Fahey Chet Macaskil
Malden.....	Vacant
Mattapan.....	Christopher Pacitti
Medfield.....	John Holmberg Stephen White
Medford.....	Jason Siciliano
Melrose.....	Robert Leighton
Milton.....	Vacant
Needham.....	David Ward
Newton Centre.....	Rich Shelley
Newton Highlands.....	Thomas Duff
Newtonville.....	Vacant
North Quincy.....	Vacant
North Weymouth.....	John Ainsley Michael O'Connor
Quincy.....	James Costello
Revere DMU.....	Adam Difazio
Roslindale.....	John Galvin Keith Meredith Samie Smith
Roxbury.....	Phyllis Monahan
Scituate.....	Mike Kidd
South Boston.....	Lawrence Ahlstedt
So. Weymouth.....	Joseph Mangano Rich Farrell
Stoneham.....	Edward Walsh Ian Benson
Waban.....	William Huber
Waltham.....	Tom Ryan Jack Eppenstein
Watertown.....	David Demarco
Wellesley.....	Salvatore Ledda
Wellesley Hills.....	Michael Walter Stephen Tinglof
Weston.....	Mario Venturelli
West Newton.....	Vigo Conte Fred Casey
West Roxbury.....	Thomas Rooney Jr.
Weymouth Landing.....	
Woburn.....	
Wollaston.....	

Summertime Blues

As we enter the summer months several things comes to mind. Vacation, beaches, barbecues, relaxation, and yes, pivoting come to mind.

There is no contractual violation for pivoting if a carrier legitimately has undertime. If for whatever reason a carrier does not have eight hours work management may require the carrier to pivot to complete an eight hour day. Who defines undertime is a different story. You, the carrier, determine if you have eight hours work.

Often management will attempt to intimidate carriers with phantom numbers stating "DOIS says this" or "DOIS says that." Please remember that undertime is determined by several factors. Weather, traffic, volume, and other things can vary from one day to another.

As a result of pivoting carriers are often placed in a difficult position. If you can not complete the pivot within your eight hours the pivot should result in overtime or auxiliary assistance. Carriers should never decide what to do. My advice is to let management make the decision. We get paid to deliver mail and they get paid to make decisions.

Branch 34 has advised carriers to utilize Form 3996 for many years. Any time you feel you can not complete

your assigned duties (including a pivot) within eight hours a 3996 should be filled out and submitted. Anyone that completes the pivot and goes beyond eight hours without authorization, risks being disciplined. Do not make the decision, but rather let Management make it. If directed to call later in the day, you should call and ask for specific instructions. Should I complete my assignment or bring the mail back?

A carrier not on the overtime desired list should remind management that they are not on the list. If required to work the ot and not on the overtime desired list see you shop steward and file a grievance. Carriers not on the list decide not to work overtime for a reason. Never take overtime without being instructed to do so.

We have seen carriers disciplined for taking unauthorized overtime. The OT is authorized by management. Let Management make the decision. We do not get paid to make decisions.

By now everyone should be aware of the Tentative Agreement reached by NALC and USPS. Other articles in this month's "Branch 34's CLAN" cover some specifics. Shortly the contract and a ballot will be mailed to all NALC members. This is the time to once

again voice your opinion. Please take the time to research the Tentative Agreement and vote. If you think the contract is fair

– vote accordingly. If you think the contract doesn't compensate carriers fairly you have the right to vote no. I will leave my personal opinion aside, but I do urge all members to vote on this agreement. Please exercise your right.

If the Tentative Agreement passes, all carriers will see raises. This includes the few non-members in Branch 34. I do not believe that any of the non-members will turn down the raises and the cost-of-living adjustments. Why not sign up to become members of this great union. Our union is only as strong as each and every member. With numbers equals strength. Solidarity forever!

In closing, I hope everyone finds the time for a vacation. Enjoy your time away from work with friends and family or just relax at home. We all deserve a break from the daily grind. Be safe and enjoy the summer!



KEVIN FLAHERTY
Executive Vice President

An Area Wage: It's Time to Talk!

With a tentative agreement going out to the membership for ratification, letter carriers are being presented a negotiated contract that has been over a year in the making. This was certainly no small feat, with the full understanding of knowing who we are dealing with. Can you say "Blood from a Stone!" And with all of the expertise of our National Officers being brought to bear on this arduous process, and management crying poor mouth, it is my belief we have a contract that we should ratify. Look, the flipside is we could go to arbitration, and roll the dice. But with the other three unions getting almost identical agreements, an arbiter would certainly look to those contracts, and use them as a reference, possibly diminishing what was negotiated. And I don't think any letter carrier believes a disinterested third party would offer us 5% -5% -5% over 3 years, or return our newer employees pay to over \$22.00/hr.

By the end of this contract, in 2019, we could potentially be making over \$65,000 + at top step, (O), with the general wage increases, and the projected cost-of-living adjustments, (COLAs). And taking into account benefits including retirement contribution matching, healthcare insurance, paid leave, job security and other benefits, you could make a strong argument that letter carriers have received a fairly generous contract. And we should be very grateful for all of these increases for our members, and their families.

But, the reality of being a member of Branch 34, and living in or around Boston shines a light on the cost of living in a major metropolis. The short and sweet of it: Expensive! How many of us are working two jobs? Is anybody behind on their bills? Who isn't robbing Peter to pay Paul? And sprinkle in, taxes, mortgage or rent, tuition payments, etc. and there just isn't much left. So it is my belief that

this union needs to once again take up the sensitive, if not controversial issue of Locality Pay.

If you are not familiar with an area wage, it basically provides employees with a bump in pay for working in areas where the cost of living outpaces their paycheck. In most every other federal agency it provides a needed boost to those employees that have roots in these areas, and provides additional monies that lift some of the financial burdens people working in these areas incur.

The federal government factors in locality pay when determining the salaries for both its blue-collar and white-collar workers. The Federal Wage System (FWS) is used to determine blue collar and General Schedule (GS) scale is for white collar.

The goal of both pay systems is to ensure that the pay of federal workers is similar to private sector pay in the local wage areas for comparable jobs. Under both these pay scales postal service workers in the Boston, area, for example, would receive substantial increases, potentially thousands to tens of thousands of dollars. This would be a welcome increase in wages, making our lives a bit more comfortable.

With that said, convincing the majority of letter carriers throughout the country at the next biennial convention in Detroit 2018 to support it is a whole other story. Every time it has gone to the floor of past conventions, it has been handily put to rest. So, I am letting you know from the get go, this would be a monumental undertaking to pass, and would require our region, and every other area of the country that would qualify for a locality pay adjustment to take up the cause, all the while, convincing your brothers and sisters in the non-Locality Pay areas that this is a justified and warranted increase to our pay, and adjusting their pay to reflect where they work. And we all

know what the definitive response will be, a resounding, "Absolutely Not!" It's only human to react in such a way, and quite understandable. Would you give up the extra money? The resounding answer to that is, "Of Course Not!"

The NALC has always fought for the betterment of every member of this union. And its tide has always raised all boats. But with this hotly contested issue, the inequality for people who live in high cost of living areas is completely unfair. None of us are the wealthy elite, and whether you're a CCA, or a long time carrier, every dollar counts! One of the steadfast rebuttals to this issue has been, "Why don't you move?" And I know the answer, "I don't want to move." Our families are here, our lives are here, and we choose to live here! And the list of reasons why people don't move to a less expensive area is endless. And, because they choose to live in a certain part of this country, they do not attain the same standard of living, and in many cases must generate additional revenue in pursuit of that "comfortable life". In some cases it requires these fellow union members to work additional overtime, and if not available, a second job. Property values, taxes, and core goods, and services are priced higher, draining away disposable income. And working more reaches even deeper levels, eroding quality time for themselves, or with their families. This is an inequality that exists in our union, and needs to be taken up by all of our membership. The NALC just negotiated a contract that is to the benefit of brothers and sisters everywhere. And the same must happen in relation to



BOBBY DAMATIN
"Branch 34's CLAN" Editor

(continued on page 3)

Tentative Contract Agreement Reached

As I'm sure you're aware by now the NALC and the USPS have announced they've reached a tentative agreement on a new contract. The new contract, if ratified, would cover the period from May 21, 2016 to September 20, 2020. Here are some of the highlights of the agreement. This 40 month contract provides for yearly wage increases for all carriers:

- Effective November 26, 2016 – 1.2% paid retroactively
- Effective November 25, 2017 – 1.3%
- Effective November 24, 2018 – Grade 1 carriers will be upgraded to Grade 2 which is an average of 2.1% and U-Men will receive a 2.1% increase.

Along with the wage increases career carriers will also receive seven cost of living adjustments (COLAs). Just like the first pay increase, the first two COLAs will be paid retroactively as well. The first COLA from September 3, 2016 was \$21 and the second one from March 4, 2017 was \$333. The next five COLA's will be effective:

- September of 2017
- March of 2018
- September of 2018
- March of 2019
- September of 2019

The Congressional Budget Office (CBO) has forecast those COLAs to be:

- September of 2017 – projected to be \$520
- March of 2018 – projected to be \$312
- September of 2018 – projected to be \$562
- March of 2019 – projected \$354

• September of 2019 – projected to be \$562
That would be a projected \$2,310 in the next five COLAs. Which is again, just a projection by the CBO and by no means a guarantee.

CCAs do not get COLAs, but they get an additional 1% to all of their wage increases including the upgrade in November of 2018. The CCA pay scale will also include two pay increases, one at 12 weeks of service and another 40 weeks later. Those two increases will be worth 50 cents each and paid retroactively based on the length of service the CCA had on November 26, 2016. CCAs will also be paid for six holidays each year.

Depending on their length of service, former T.E.'s will advance up the letter carrier pay scale as follows:

- 2 years but less than 3 years will move one step
- 3 years but less than 4 years will move two steps
- 4 years but less than 5 years will move three steps
- 5 or more years will move four steps

With the estimated COLAs each step increase could be worth about \$1,700 annually. Obviously this will also shorten the amount of time it takes these employees to reach top grade. I know the former T.E.s would like their T.E. time be counted towards their retirement but unfortunately that would require the Congress to pass a law. It's not something that can be negotiated into a contract.

Carriers who participate in the Federal Employee Health Benefit Program (FEHBP) will have to pay a greater share of their costs. There is no change in 2017 but in 2018 the USPS share will decrease

to 74% and then to 73% in 2019. Other federal agencies pay 72% of the average premium and clearly we're headed that way. I'm sure there are people in your office who think an increase of 1% of their health benefits essentially erases the wage increase, but that's not true. For a top grade 1 carrier a 1.2% wage increase equals \$718. Conversely, a 1% increase in the NALC self and family plan equals \$175 annually. That cost would change depending on which plan you belong to and if the premiums go up so too will your costs.

Two provisions that are usually overlooked in the contract but are extremely important are the no layoff protection for carriers with six years of service and the prohibition against contracting out our work. Both of these provisions remain in this tentative agreement.

The ballots to ratify this contract should be mailed out by the end of June with a return date by the end of July. As Union members we get to decide if this contract is sufficient for the work we do that makes this company successful. It's not the Executive Board at NALC Headquarters who decides whether or not this contract gets ratified, it's you and I who decide. I just gave you some of the highlights but there are a number of other changes and you should research this tentative agreement on your own and decide for yourselves how to vote. If you have any questions don't hesitate to call me at the hall.



MICHAEL MURRAY
Secretary-Treasurer

An Area Wage: It's Time to Talk!...

(continued from page 2)

an area wage. From our National Officers, to our newest CCAs; solving this dilemma is in the best interest of all our members.

Just to give you an example, I have listed all of the General Schedule areas of the United States, (the FWS list is much longer), that have Locality Pay Adjustments to show this is not just a benefit to the east coast/west coast, or the "big city" settings. As you will see it is quite a diverse group of regions that shows there are many places that are covered by a locality pay adjustment:

- Alaska
- Albany-Schenectady, NY
- Albuquerque-Santa Fe-Las Vegas, NM
- Atlanta--Athens-Clarke County--Sandy Springs, GA-AL
- Austin-Round Rock, TX
- Boston-Worcester-Providence, MA-RI-NH-CT-ME
- Buffalo-Cheektowaga, NY
- Charlotte-Concord, NC-SC
- Chicago-Naperville, IL-IN-WI
- Cincinnati-Wilmington-Maysville, OH-KY-IN
- Cleveland-Akron-Canton, OH
- Colorado Springs, CO
- Columbus-Marion-Zanesville, OH
- Dallas-Fort Worth, TX-OK
- Davenport-Moline, IA-IL
- Dayton-Springfield-Sidney, OH
- Denver-Aurora, CO
- Detroit-Warren-Ann Arbor, MI

- Harrisburg-Lebanon, PA
- Hartford-West Hartford, CT-MA
- Hawaii
- Houston-The Woodlands, TX
- Huntsville-Decatur-Albertville, AL
- Indianapolis-Carmel-Muncie, IN
- Kansas City-Overland Park-Kansas City, MO-KS
- Laredo, TX
- Las Vegas-Henderson, NV-AZ
- Los Angeles-Long Beach, CA
- Miami-Fort Lauderdale-Port St. Lucie, FL
- Milwaukee-Racine-Waukesha, WI
- Minneapolis-St. Paul, MN-WI
- New York-Newark, NY-NJ-CT-PA
- Palm Bay-Melbourne-Titusville, FL
- Philadelphia-Reading-Camden, PA-NJ-DE-MD

- Phoenix-Mesa-Scottsdale, AZ
- Pittsburgh-New Castle-Weirton, PA-OH-WV
- Portland-Vancouver-Salem, OR-WA
- Raleigh-Durham-Chapel Hill, NC
- Richmond, VA
- Sacramento-Roseville, CA-NV
- San Diego-Carlsbad, CA
- San Jose-San Francisco-Oakland, CA
- Seattle-Tacoma, WA
- St. Louis-St. Charles-Farmington, MO-IL
- Tucson-Nogales, AZ,
- Washington-Baltimore-Arlington, DC-MD-VA-WV-PA
- Brothers and Sisters: Have a Happy and Safe Summer!!!



(L to R) MSLCA President Van Heffernan, NALC Vice President Lou Drass, Massachusetts AFL-CIO President Steve Tolman and NALC National Business Agent John Casciano at the recent Massachusetts State Letter Carriers Association Convention in Hyannis, MA.

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Founded May 1971

AWARDS

International Labor Communications Association
GENERAL EXCELLENCE - LOCAL UNION PUBLICATIONS - CIRCULATIONS of 2,500 to 9,999

First Place, 2003

National Association of Letter Carriers
GENERAL EXCELLENCE - LARGE BRANCH PUBLICATIONS - MORE THAN 1,500 MEMBERS

First Place, 2016

First Place, 2014

First Place, 2012

First Place, 2010

First Place, 2008

First Place, 2002

First Place, 1996

First Place, 1994

Second Place, 2006

Second Place, 1992

Third Place, 2004

Honorable Mention, 1982

Judges' Commendation, 1988

BEST EDITORIAL OR COLUMN

Honorable Mention, 2016

BEST STORY

First Place, 1996

Third Place, 1990

2 Honorable Mentions, 1992

Honorable Mention, 1990

BEST CARTOON OR PHOTO

First Place, 2006

PROMOTING UNIONISM

Third Place, 1992

Judges' Commendation, 1988

BRANCH 34's CLAN is the Official Publication of Branch 34 of the National Association of Letter Carriers, AFL-CIO. The Boston Branch was Chartered by the NALC on June 18, 1890.

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Kevin Flaherty, Associate Editor

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2018

Don't Be A **SCAB!**

Urge them to pay their fair share and join Branch 34!

Auburndale

ROBIN I. DEVITTO

Back Bay

THOMAS N. CONCANNON
RALPH E. DONOVAN
CHRISTOPHER A. DOUGLAS
ROBERT A. ROMIKITIS
DAVID P. WIDROW

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Stoneham

TINA M. DOHERTY

Waltham

DAVID BAHM
KELLY M. GREEN-GALLO
JOSEPH REGNA.....CCA

West Roxbury

SAMUEL O. SEGUN.....CCA

Weston

SHAWN CELENTANO.....CCA

Woburn

MICHAEL E. WIDUTA.....CCA

We apologize in advance if your name appears on this scab list in error. This information is forwarded to us from our National Headquarters and we do our best to ensure its accuracy. If you are still not in the Union, it's time to step up and pay your fair share. No excuses. Contact your Station Steward to join **NOW!**

Safety First for Summer

It's Summer 2017, and we made it Sisters, and Brothers. I don't know about you, but I'm glad the winter is OVAH. BBQs, sunshine and vacations, so let the good times roll! Not so fast you say. I need to protect myself from the summer hazards, you say. Oh come on! I just took the ice scraper out of my trunk, and put in my beach chair. OK, let's do this fast, I have beverages to consume.

First, you must stay hydrated. Drinking eight ounces of liquids every twentyminutes is great, but hydration starts the day before. Thirty to fifty ounces of water are suggested as a daily input, but not all at once. If you feel thirsty, you are already on the path to dehydration. Hate the taste of plain water? Try coconut water or add some fruit flavors like lemons and raspberries as sweet as your supervisor asking you to do that route in eight hours please. Fruit drinks? Sure, but remember that those and sports drinks add calories and sodium, so go easy on them. And don't forget you can get your hydration from foods too. Watermelon, celery, lettuce and strawberries are all made up of mostly water. As a side note, sometimes you might feel hungry, but you're actually thirsty. Try

drinking something first. Your body has a hard time differentiating hunger from thirst at times. Check your urine. Is it darker than normal? You are dehydrated. Try this site for your daily risk of heat: Toolkit.climate.gov

Second, you must know the signs of heat stroke and heat exhaustion. If you're hot, sweating with cool clammy skin and feeling dizzy, get out of the sun. You probably have heat exhaustion. Take a break, go indoors with AC and relax a bit. If you have a **THROBbing HEADACHE, NO SWEATING, BODY TEMP OVER 103 WITH HOT DRY SKIN AND A RAPID STRONG PULSE; SEEK MEDICAL HELP IMMEDIATELY.** Those are sure signs of heat stroke and are life threatening. **CALL 911**, and try to cool down. www.cdc.gov/noish/topics/heatstress/default.html

Third, you should be using sunblock/sunscreen. Use it often. What's the difference? Sunscreen absorbs into the skin and protects you from the sun (UV protection) by reflecting the rays back. Sunblock is zinc or titanium based and blocks out the sun that way, picture that white nosed lifeguard at the beach.

Either way it's a life saver. It's estimated that 87,000 new cases of melanoma will be diagnosed in 2017. This ain't your father's Post Office. Times are a changing and we no longer have three hour office times. The majority of our time is now in the street in the blazing hot sun. Wear protective clothing and those cool 1970's retro sunglasses to protect your eyes. www.cdc.gov/cancer/skin/basic_info/sunsafety.htm

Lastly, (*ya it's almost over*) you should use insect repellent. Be prepared, it's a jungle out there. Ticks, hornets, mosquitoes and all sorts of nasty things await us. West Nile and Zika viruses are on the uptick due to a very wet spring. Their symptoms include fever, chills, muscle aches, sensitivity to light and headaches. Kinda like talking to the boss about getting a day off. www.cdc.gov/westnile/symptoms/

Well that's my feel good article folks. Always remember to stay safe and enjoy your summer.



TONY SCRIVANO
Area Steward

HEAT EXHAUSTION OR HEAT STROKE

HEAT EXHAUSTION

- Faint or dizzy
- Excessive sweating
- Cool, pale, clammy skin
- Nausea or vomiting
- Rapid, weak pulse
- Muscle cramps

HEAT STROKE

- Throbbing headache
- No sweating
- Body temperature above 103°
- Red, hot, dry skin
- Nausea or vomiting
- Rapid, strong pulse
- May lose consciousness

CALL 9-1-1

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses
- Take immediate action to cool the person until help arrives

Weather.gov/socialmedia
Weather.gov/heat



Contracts, CCAs and Checks

Hello Brothers and Sisters, we finally have a tentative agreement on a new contract that the rank and file can vote on. Now is your chance to make your vote count on whether the membership will ratify the contract or not. Please take the time to read over all the material that you will receive from National concerning the new contract before making a decision on whether to accept the contract or not. Some of the particulars of the new contract three wage increases, Upgrade for Grade One Carriers, COLAs and Health Insurance premiums. Do I personally think that more should have been negotiated in this contract? Sure, like a larger wage increase during the term of the contract, but hey, that's just me thinking out loud.

For the CCAs there will be major changes for you. Six paid holidays, step increases and a major change in your health benefits for self plus one and self plus family. The biggest change will be the complement and conversion to career status for CCAs.

Former TEs will receive a step advancement by your length of service as a TE. As former TEs you deserve to be compensated for your time as a TE, and then became CCAs when the contract changed your status in 2013. **YOU EARNED IT.**

Congratulations Retirees

On behalf of President Yerkes, the Board of Officers and the Brothers and Sisters of Branch 34, we extend our wishes for a long, happy, healthy and well deserved retirement to the following recently retired members:

- Lawrence A. Blake Newtonville
- David J. Breda..... Malden
- John W. Carrabino Cambridge/
Porter Square
- Vincent F. Chiappetta Braintree
- Daniel T. Gould..... Waltham
- Mark S. Hartnett Cambridge/
Porter Square
- Robert J. Hessel Wellesley Hills
- Wallace P. Houde..... Belmont
- Robert M. McGee.....Needham
- Susan J. McLaughlin..... Woburn
- Donald A. Morison..... Weston
- Gary D. Mosher..... Cambridge/
Central Square
- Ronald R. Saverse Brookline
- Robert D. Swirbalus.....North Quincy
- Eleanor P. Walsh Brookline

ATTENTION RETIRED LETTER CARRIERS:
Anyone who meets the 50 year requirement to receive a GOLD CARD, please contact the Union Office at 781-281-1133 to provide and receive more information.

In Memoriam

James C. Bournazos
Retired Member - Scituate

Thomas J. Mitchell, III
Retired Member - Waltham

Robert F. Spinney, Sr. *
Retired Member - IMC-Chelsea

* Denotes Gold Card Member

Eugene F. Cray, Jr.
Retired Member - Weymouth

William F. Reeves
Retired Member - Back Bay Annex

Rest in Peace

To all the new CCAs that have been hired in the recent months by the USPS, this is your first summer as a letter carrier. Please stay hydrated during the day. Each office should have bottled water on hand for you to take on the street. Don't leave the office without taking some water with you. If you should start feeling a bit dehydrated and heat exhausted on the street **STOP!!!!** Get to a shady area on the route or into a cool building, drink some water and if you are still not feeling better, call your supervisor. Don't

let the pressure of delivering the mail overwhelm you and affect your health. **SAFETY FIRST!!!!**

Finally a bit of advice to one and all: Carefully look your pay stub when you receive your check. It has come to the Branch's attention that time was taken away from the hard-working carriers at IMC. I don't know why some people in Management think they have the right to take time away from craft employees without authorization, and not notifying those employees that they altered their

clock rings. **SHAME ON THEM!** So always keep track of your work hours during the pay period, and if there are discrepancies in your check, please let your steward know.

To everyone in Branch 34, have Great and Safe Summer!



WANDA HAMM
Trustee

The Definition of Unionism

Unionism, as defined, is the policies and practices of organized Labor Unions. Labor Unions were created to help the American worker with issues pertaining to working conditions, such as low pay, unsafe working conditions, and long hours. It is said that the unions were the ones who created the "Week-end."

First, let's take a look at some background on Unions. In 1886, the American Trade and Labor Union was the first union to be founded in the United States. Today, most union workers recognize them as the AFL-CIO. All of us Brothers and Sisters that make up the National Association of Letter Carriers are members of the AFL-CIO. We share some great company belonging to the AFL-CIO. Not only are we allied with our sister union the APWU, but right below us on the registry of affiliated unions is the NFLPA (The National Football League Players Association). That's right; we share something in common with Tom Brady, and the Super Bowl Champion New England Patriots. Over the past fifty years, the number of union workers has diminished greatly. Back in the 1950's, the American work force consisted of 35 percent unionized labor. Sadly, today that rate has drop to only 11.3 percent. This means over 88 percent of the workers in the United States are "Employees at Will." These workers have no recourse to object to their discipline or removals. Basically, businesses do not have to adhere to the principles of "Just Cause" when firing a worker.

Fortunately for us, the National Agreement under Article 16 requires management to satisfy the seven steps of "Just Cause" before they can impose discipline, or issue a removal to any Letter Carrier. Over the past six months, during my duties as your Area Steward, I have noticed that management is getting bolder and braver with deliberately violating the contract. I have come across many situations where management is intentionally violating Article 8 to avoid paying penalty overtime, or downright just deleting carriers overtime altogether. It appears to me they have developed a

lack of respect for this union's workers. When management disrespects one of us, they disrespect all of us. The time has come for all of us to stand together as one! In early June, I had the pleasure of attending a seminar at the Plumber Union Hall (Local 12). The topic was "Unlocking the Mysteries of 'Just Cause'." The presentation was given by author Robert Schwartz. During the question and answer period I heard many stories from different union leaders that sounded very familiar. It seemed to me; that all the unions are experiencing the same struggles pertaining to working conditions. Management wants everyone to do more, while getting paid less. This is certainly not what the AFL had in mind when they organized their first union.

Brothers and Sisters, it's time to go back to what made Unions Strong in the first place. Every union member needs to be active in some capacity if we are going to survive. Strength in numbers is the only way to achieve this. During the upcoming choice vacation period, I would like all Branch 34 members to take a moment to realize what this great union has accomplished for us.

Having a pension, 13 sick days a year, and five weeks of vacation are some benefits that most workers in the United States can only dream of. In my opinion, having sick leave protection, or getting paid to do whatever I want are pretty damn good accomplishments.

The union, through the contract, also assures us that when a situation arises pertaining to disciplining a Letter Carrier, management must reach the high bar of "Just Cause" before the action can be upheld. Non-union workers (employees at will) don't have these types of rights. They can be terminated for any cause, at any time, by their employer.

In closing, I think it's time for all Unions to come together and start selling the product of unionism. If we don't, and business succeeds in breaking the unions, then we all can kiss our week-end's goodbye! I hope every member gets a chance to take a much-needed vacation. Enjoy the summer!



TOM ROONEY
Area Steward

OPS Blows Into Malden

The higher ups in the Ivory Tower, high atop the **fourth floor on Dorchester Ave.** have done it again!!!! "Let's MOUNT Malden," they said!!!! "It'll be easy," they said!!!! "It won't be like the Somerville/IMC debacle," they said!!!! "We know how to implement it now," they said!!!!

And low and behold, they were wrong, and are now facing the same mess as the Somerville IMC debacle. Except this time, somehow, someway, they actually made it worse! Let's abolish one truck that someone owns, and effect the whole office, or let's abolish one truck of the guy who retired and not effect anyone!!!! Guess what FS&@ING option they chose!!! Then to top it off, they said we will come back someday to MOUNT the rest of Malden, and instill more chaos!!!! This is what happens when OPS BLOWS into an office. A complete clusterFS&K ensues. So in the meantime, Malden has vacancies galore: two retirements, a transfer, (Good Luck, Laura!!!), and a Carrier who bid out, (Good Luck, Brittany!!!), two bids to the district, and 12 people off a day for the rest of the summer!!!! It will be a long, hot, money-making summer in Malden!!! I implore all Carriers of Branch 34 to remember, this could be your office come September, so protect YOUR Route!!! Let's stop fixing Management's mistakes, it's time to hold them accountable for their lack of common

sense!!!! And show them that **WE** are united, and are sick of them "capturing time" and "saving money" on the backs of **HARD-WORKING** Letter Carriers!!!!



LAURA WOOD FAHEY
Area Steward

I would like to wish everyone a Happy and Safe Fourth of July, and a great Summer!



Massachusetts AFL-CIO President Steve Tolman addresses the delegates at the Massachusetts State Letter Carriers Association Convention at the Doubletree Hyannis on May 20th.



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Branch 34 “Letter Carrier of Distinction”: Michael McNeil

By Bobby Damatin,
“Branch 34’s CLAN” Editor

Our union takes great pride in that we are in every part of this country, making our deliveries everywhere our feet, and vehicles can take us. What our industry calls “universal service,” provides all Americans with a visit from one of us six days, sometimes seven days a week. And that puts us in cities, towns, and neighborhoods at all times of the day.

And once again because of this unique relationship we have with our customers, **Michael MacNeil**, a CCA in the West Roxbury Post Office was in the right place, at the right time, on the day of our NALC Food Drive, May 13th, 2017. While making his deliveries on

Route 10’s Rutledge Street at around 11 a.m., a woman pulled over her minivan, and was emotionally distraught because her 2½ year daughter was having a seizure in the rear of the vehicle, next to her two sons. She screamed for help to Mike MacNeil, who immediately came over. Having three daughters of his own, he completely understood the horror that had come over the poor mother, and he went into action. He assisted in removing the little girl from the minivan, and laid her on the grass. Quickly, he got emergency responders on his cell phone, and within eight minutes they had arrived on scene. He talked with the mother through the entire ordeal, doing what he could to keep her calm, and help get her through these very hard times.



When the EMTs arrived, her daughter started coming around, so Mike went back to the vehicle to sooth the two brothers still in the car. His calming influence helped get this family through a very tough situation, the whole time.

That following Monday, the West Roxbury Post Office greeted the family coming to thank Mike MacNeil for his heroic acts of kindness. In front of the entire office Mike was presented a gift from the family, as well as a gift certificate from Manager Brian Frost in gratitude of his heroic actions.

I know all of the employees of the

West Roxbury Post Office are very proud, and speaking on behalf of the entire Branch 34 membership, Mike MacNeil, congratulations on being our Branch 34 “Letter Carrier of Distinction.”

A special thanks to everyone at the West Roxbury Post Office who contributed in sharing this story with the membership. If you know a Brother or Sister that exemplifies someone who gives from the heart by helping others at work, or in their community, please let us know. They could be our next, Branch 34 “Letter Carrier of Distinction.”



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Michael Pierce, Michael Murray and Alex Pinto of Dorchester Center raised \$658.35 for the Muscular Dystrophy Association during its recent Satchel Drive on May 7th. Thanks for a great job guys!



Reintroducing Boston Branch 34's
new and improved website at
nalcbranch34.com

- Breaking News Regarding Branch, National and Other Issues of Vital Interest To Our Members
- Carrier Bids/Results
- Upcoming Event/Meeting Dates and Locations
- Up-to-Date CCA Relative Standing Lists
- Essential Retirement Information
- USPS Liteblue, eOPF, TSP, Retirement and Other Useful Links & Forms
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Republicans in Congress are rushing to approve legislation with breathtaking speed that would kick millions off their health care coverage, increase premiums and threaten access for Americans with pre-existing conditions.

Millions of Americans Would Lose Health Coverage. Repealing the Affordable Care Act would strip coverage from 23 million Americans and could collapse insurance markets.

The Wealthy Would Gain Massive Tax Breaks. The Republican proposal maintains the tax on union-negotiated health plans, leading to higher costs for middle-class families. But the same proposal gives the top .1%, those who make more than \$3.75 million a year, a \$200,000 tax cut.



Older Workers Would Pay More. The proposal includes an age tax that lets insurers charge older Americans five times as much as younger adults. It also reduces financial assistance for paying premiums, putting lower-income Americans in their 50s and 60s at risk of not being able to afford coverage.

Medicaid Funding Would Be Cut. The Republican plan would force cuts to Medicaid coverage for people who desperately need it. That includes long-term care for America's seniors and more than one-third of American children.



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Branch 34 Scholarship Winners Say Thanks!

Sheila Joyce

I am writing this letter to thank you and the members of Joseph P. Considine Branch 34 for granting me this generous \$1000 scholarship. I am so honored to be chosen as a recipient of this award and it will certainly relieve some of the financial stresses that come along with receiving a college education. I have been and will continue to be extremely devoted to my education as it is an aspect of my life that is very important. I have contributed to the positive atmosphere that is present in my high school by being involved in numerous clubs and extracurricular activities. I have been a member of the varsity volleyball and spring track & field team since sophomore year and have received numerous awards for my playing abilities, sportsmanship, dedication, work ethic, attitude, and determination. In the summer, I play and coach beach volleyball. I traveled to Milwaukee, Wisconsin, this past summer to play at Junior Beach Tour Nationals and my beach partner and I came in fifth in the club division. I have been a member of National Honor Society since sophomore year and was elected to the Executive Board for my senior year as the Community Service Coordinator. I have also been an active member of the peer mentoring and peer tutoring programs at my school by providing academic and emotional support to underclassmen. Spanish is another one of my passions and because of that, I am a member of the Spanish Club and participated in the Spanish exchange trip this past year. I also learned of my passion for environmental science this year because I joined the Students for Environmental Action Club at my school and job shadowed at the Environmental Protection Agency.

In the fall, I will attend the University of Massachusetts Lowell and will be a student enrolled in the Honors College. I am planning on studying environmental science and enrolling in their "UTeach" program, which allows me to major in environmental science while earning a teaching degree in the state of Massachusetts. I hope to pursue a career as a scientific researcher at the Environmental Protection Agency after graduation. I cannot express my gratitude for this award as I am one step closer to achieving my dreams and am looking forward to what I can accomplish in the future.

Sincerely, Sheila Joyce

Abby McCarthy

I sincerely thank you for awarding me a scholarship that will help me pursue high education.

To tell you about my activities, throughout high school I played varsity sports such as cross country running, cross country skiing and track. I was an active member of Wayland's Poetry Slam Team, leading the team to perform spoken-word poetry in competitions such as Louder Than a Bomb Massachusetts. I also advocated for LGBT rights with my school's Alliance Club and attended WAGLY (the West Suburban Alliance of Lesbian, Gay, Bisexual, Transgender and Queer-Identifying Youth). I wrote and edited opinion articles for my school newspaper, *Wayland Student*

Jack Zulon

Greetings to all the hard-working men and women at Branch 34. I would like to express my gratitude to the committee for selecting me as a recipient of the Considine scholarship for the 2017-2018 academic year. My father, Thomas Zulon, has always been a huge role model to me. He has been a letter carrier for 24 years, most of those years in Dorchester Center. I am extremely grateful for my parents, both of them long-time union workers (my father, a letter carrier and my mother, a Verizon technician) for always supporting me and teaching me how much a strong work ethic and determination can do for one's future.

As a graduating senior at Weymouth High School, I reflect on my time spent here and all the great memories I have made over the last four years. Throughout high school, I played football for four

Press Network.

This fall I intend to major in Environmental Analysis on the Environmental Science Track for my bachelor's degree at Pitzer College in Claremont, CA. Long term, I intend to pursue a career in a field such as conservation or resource management. I am pursuing environmental analysis because I want to help protect the environment and create a more just society for all people. Everyone deserves equitable access to natural resources, and no child should have to grow up in a place without clean air and water.

Thanks again.

Sincerely, Abby McCarthy

years, baseball for one year, and weight lifting/conditioning for four years. I have also been in the culinary arts program for four years. I strongly believe these activities have taught me competitiveness, discipline, and teamwork. These skills will be with me for the rest of my life.

Today, I work part-time as a busser/barback at Precinct 10 in Weymouth and The Inn at Bay Pointe in Quincy. I really enjoy the atmosphere of the restaurant business, as well as meeting new people. In August, I will continue the next journey of my life at Massachusetts Maritime Academy, where I will be majoring in Emergency Management. I hope to one day work in law enforcement to help others be safe and improve the already great country we live in.

Thank you, Jack Zulon



Disability Insurance for Postal Employees

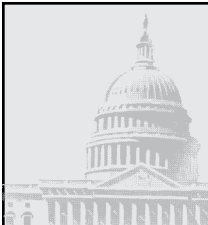


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Summertime and the Living is Easy Unless You're a City Letter Carrier

Those hazy crazy days of summer are upon us. But letter carriers will need to take a few precautions before they can go home and enjoy some soda, pretzels and beer. For the summer also brings with it searing heat and humidity. And being exposed everyday as letter carriers can in fact be very dangerous.

So while it's certainly ok to dream of those three treats, soda, pretzels and beer, while on the job, letter carriers need to be keenly aware of three other treats. Water, Rest and Shade.

Each year hundreds of letter carriers suffer from heat illnesses, including heat exhaustion and heat stroke. Some of the symptoms include headaches, dizziness, thirsts, nausea and fainting. Letter carriers can help themselves by avoiding direct sunlight and other heat sources, drink water before your thirsty and avoid caffeine products. Rest breaks should be taken in the shade, or in air conditioned locations.

Should you find yourself a victim of a heat related illness, err on the side of caution and call 911. I have provided every branch president with NALC Initial Heat Injury Report forms to be filed with NALC.

So let's all Beat the Heat and stay Cool so we'll wish that summer could always be here!

Of course, instead of soda, pretzels and beer, some chowdah, fried clams, lobster and a nice Pino Grigio wouldn't hurt either.

Article 12

USPS is currently assessing its workload and work-hours in processing plants nationwide. While the possibility exists of adverse impacts on mailhandler and clerical positions, it is entirely possible that USPS may attempt to withhold letter carriers assignments. Should that take place, it would likely lead to a reduction in the

conversion of CCAs to career positions.

If any delivery units experience USPS withholding letter carrier positions, or failing to convert CCAs to career where appropriate, that information should be forwarded to the Business Agents office for review and response.

If any branch president has reported a vacancy to the NBA office, and the vacancy has not been timely filled with either a transfer or CCA conversion, please notify my office.



JOHN J. CASCIANO
National Business Agent

RAP Session

The 2017 NALC RAP Session in Atlantic City has concluded. The national RAP session was well attended. President Rolando provided an extensive explanation of the terms of the Tentative Agreement, including Q & A from those in attendance. The RAP also included Training sessions. For those branches that authorized the funds for attendance at this event, it was money well spent.


Ballots are in the mail. Please Vote!

I again take this opportunity to remind branch officers to be fully prepared for possible upcoming LMOU negotiations, and if ratified, to take into account provisions of that Agreement that would affect LMOU negotiations.

The best prepared Branches have the best LMOUs.

"All Summer long, we sang a song, and then we strolled that golden sand."

-Summer Wind, Frank Sinatra




The impact of excessive stress

When stress triggers your body's fight-or-flight stress response—which can result even from everyday events—its effect on your emotional and physical health can be damaging if the stress is prolonged.


If you spot the warning signs of accumulating stress, it's important to adopt coping strategies before serious health problems develop.

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SIGN ME UP!

How to Contribute to the Letter Carrier Political Fund (NALC's PAC)

Using Postal EASE – ONLINE Enrollment

Through PostalEASE, active letter carriers can contribute directly from their USPS paychecks to the Letter Carrier Political Fund (NALC's PAC) by designating the Political Fund as one of the three payroll "allotments."

Online Enrollment

1. Login to USPS's Postal Ease website at <https://ewss.usps.gov>. You may also get to the Postal Ease website through the USPS LiteBlue website. See the instructions below.
2. Click "I agree"
3. Enter your Employee ID number and Password and click "Submit". If you have not yet set up a password click the link provided on the page or go to: <https://ssp.usps.gov/ssp-web/welcome.xhtml>. If you forgot your password click the link provided on the page or go to: <https://ssp.usps.gov/ssp-web/einVerification.xhtml>
4. Under Payroll click "Allotments / Payroll Net To Bank"
5. Click "Continue"
6. Click "Allotments"
7. Enter the 9-digit Financial Institution Routing Number: 06400017
8. Enter your 17-digit Account Number _____ 0034952535. See instructions in step D at right
9. Enter Account type as "checking"
10. Enter amount of your Allotment: \$ _____. The maximum yearly amount is \$5,000
11. Click VALIDATE
12. Click SUBMIT
13. Print or write down your confirmation number for your records

BEFORE YOU START, YOU'LL NEED:

- A. Your 8-digit Employee ID Number (on your paystub)
- B. Your USPS password
- C. Your Postal Record Number (Located on the back cover of your Postal Record magazine, above your name. Or call 202.393.4695 to get your Postal Record Number). See the example below.



- D. To create your personal account number, insert the seven digits of your Postal Record Number to the spaces below: _____ 0034952535

To get to Postal Ease through Lite Blue:

- Got to www.liteblue.usps.gov
- Enter your employee ID and Password and click "Log On"
- Click "My HR"
- Click "Employee Apps"
- Click "PostalEASE"
- Begin at step 1 above

Using Postal EASE – Enroll by PHONE

Through PostalEASE, active letter carriers can contribute directly from their USPS paychecks to the Letter Carrier Political Fund (NALC's PAC) by designating the Political Fund as one of the three payroll "allotments."

ENROLLMENT BY PHONE

Call PostalEASE toll-free at 1.877.4PS.EASE (1.877.477.3273)

1. When prompted, select "1" for PostalEASE
2. Enter your 8-digit Employee ID Number and your USPS 4-digit PIN
3. Select "2" for payroll options
4. Select "1" for allotments. Disregard instruction to complete Allotment Worksheet and select "2" to continue.
5. Select "3" to ADD a new allotment
6. Enter the following Financial Institution Routing Number: 06400017
7. Select "1" to continue processing allotment
8. Select "1" to "enter the allotment now"
9. Enter your 17-digit Account Number (See step D at left)
10. Enter "1" for Checking
11. Enter amount of allotment: \$ _____ / pay period. Maximum yearly amount is \$5,000
12. If amount is correct, select "1"

NOTE: If you already have three allotments, you must cancel one to contribute to the Political Fund through PostalEASE. To do so, follow the instructions above but instead of selecting "3" to add a new allotment, select "2" to cancel an allotment.

After completing your entry, stay on the phone for the following information:

Confirmation Number: _____

Your allotment will become effective on: _____

Your allotment will be reflected in paycheck dated: _____

Keep this information for your records and future reference.

BEFORE YOU START, YOU'LL NEED:

- A. Your 8-digit Employee ID Number (on your paystub)
- B. Your USPS PIN
- C. Your Postal Record Number (Located on the back cover of your Postal Record magazine, above your name. Or call 202.393.4695 to get your Postal Record Number).

Your Postal Record Number is on the cover of NALC's monthly magazine:



- D. To create your personal account number, insert the seven digits of your Postal Record Number to the spaces below: _____ 0034952535

Using ELECTRONIC FUND TRANSFER

Through a monthly Electronic Fund Transfer, NALC members can contribute directly from their bank account to the Letter Carrier Political Fund (NALC's PAC). On the 1st of every month, the Political Fund will automatically (and without a fee) deduct from your bank account the amount you choose to contribute.

Electronic Fund Transfer Authorization

Fill out and return this form with a voided check to the address below

I, _____ (your name) hereby authorize my bank to deduct from my checking account the monthly the sum of:

\$25 \$20 \$15 \$10 \$5 Other: \$ _____ (Maximum amount per year is \$5,000) and forward that amount to the Letter Carrier Political Fund (NALC's PAC). I make this authorization voluntarily and may revoke it at any time by notifying the Letter Carrier Political Fund in writing.

Signature: _____ Date: _____

Full Name (please print): _____

Social Security Number: _____ OR Postal Record number: _____

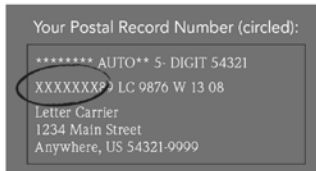
Address: _____

City: _____ State: _____ Zip Code: _____

ATTACH A VOIDED CHECK HERE.

Please send this completed form and your voided check to:

The Letter Carrier Political Fund
100 Indiana Ave NW,
Washington, DC 20001-2144



Using Your Retirement ANNUITY

Using your Annuity, retired NALC members can contribute directly from their CSRS or FERS annuities to the Letter Carrier Political Fund (NALC's PAC) on a monthly basis. This is a convenient way to make regular donations to the political action fund similar to the payroll system available to active carriers.

Enroll by Phone

Call the NALC Retirement Office at 202.662.2877 anytime or toll-free at 1.800.424.5186 Monday, Wednesday and Thursday from 10 a.m. to noon or 2 to 4 p.m. (ET). (Note: you will need your CSA retirement Claim number.)

Enroll Online

1. Go to www.servicesonline.opm.gov
2. Enter your CSA number, beginning with the letter A and ending with a zero. SAMPLE: A22222220
3. Enter your PIN (Personal Identification Number). If you don't know it, click Using Services Online for help with one.
4. Once you've entered your CSA number and PIN, click Log In.
5. On the next page, click ALLOTMENTS TO ORGANIZATIONS.
6. Click START
7. Select the Letter Carrier Political Fund (Formerly COLCPE)
8. Enter the amount of your monthly contribution. (Maximum yearly amount is \$5,000)
9. Click SAVE
10. On the next page click YES (if correct), then print the next page for your records.

Enroll by Mail

Complete this form and send to:
NALC Retirement Department, Attention: Letter Carrier Political Fund, 100 Indiana Ave. NW, Washington, DC 20001-2144

I, _____ (your name) wish to contribute to the Letter Carrier Political Fund. I authorize the Office of Personnel Management to withhold the amount below from my monthly annuity payments: \$25 \$20 \$15 \$10 \$5 Other: \$ _____ (Maximum amount per year is \$5,000) and forward that amount to the Letter Carrier Political Fund (NALC's PAC). I make this authorization voluntarily and may revoke it at any time by notifying the Letter Carrier Political Fund in writing.

Signature: _____ Date: _____

Full Name (please print): _____ Branch: _____

CSA or Social Security Number: _____ Phone: _____

By making a contribution to the Letter Carrier Political Fund, you are doing so voluntarily with the understanding that your contribution is not a condition of membership in the National Association of Letter Carriers or of employment by the Postal Service, nor is it part of union dues. You have a right to refuse to contribute without any reprisal. The Letter Carrier Political Fund will use the money it receives to contribute to candidates for federal office and undertake other political spending as permitted by law. Your selection shall remain in full force and effect until cancelled. Contributions to the Letter Carrier Political Fund are not deductible for federal income tax purposes. Federal law prohibits the Letter Carrier Political Fund from soliciting contributions from individuals who are not NALC members, executive and administrative staff or their families. Any contribution received from such an individual will be refunded to that contributor.

Save Your Job! Use Your Voice!

Contribute to the Letter Carrier Political Fund!

A Quarter Century of Helping Others: The NALC Food Drive



Wollaston Food Drive Coordinators Ralph Fiore and Alice Mackin

By Dominic Corsetti, Branch 34 Boston Food Drive Coordinator
It's been 25 years since our very first Food Drive, and like clockwork, we picked up the food, and got it to the folks who needed it most. When all was said and done, over 375,000 lbs. of food filled the shelves of local food pantrys and other agencies across the Boston area. A job well done to all of our brothers and sisters that helped make this day such a shining success! And a special thanks to all our Food Drive Coordinators in all of our offices that organize, and help make such a giant undertaking, a smooth operation.

And we'll be ready next year to continue this Letter Carrier Tradition, collecting and delivering crucial food stuff to those in need, from the largest food drive in the United States. Until next year, thanks again!



Michael Prisco manning the grill and working the first Saturday in his 30+ years because he forgot to put a slip in



Caroline Keefe, Clerk Rob McDonough, Alice Mackin, Michael Prisco and Ken "the Mouth" Mayo



Ralph Fiore and Chris Dacey



Kenny "the Mouth" Mayo and Malden Steward Chet Macaskill



Billy "Chainsaw" Nolan